

2022 USCAA Corporate Cup Relays

Saturday, August 13, 2022	
Regular Schedule	
Time	Road Races
7:00 AM	Men's/Women's 5K
7:45 AM	Break
Time	Track Events
10:15 AM	4x200 Relay
10:30 AM	Women's 800 Team
10:55 AM	Master's Plus Relay
11:20 AM	Break - Torch Relay
11:50 AM	Executive Relay
12:15 PM	Distance Medley Relay
12:40 PM	Break
1:10 PM	Submasters Sprint Medley
1:35 PM	4x400m Relay
2:00 PM	Finish

Sunday, August 14, 2022	
Regular Schedule	
Time	Road Races
7:00 AM	Men's/Women's 10K
8:15 AM	Break
Time	Track Events
10:15 AM	4x100m Relay
10:30 AM	Women's Relay
10:55 AM	Senior's Relay
11:20 AM	Break - Kids Races
11:50 AM	Indiv. Men's 200
12:15 PM	Indiv. Women's 200
12:40 PM	Break
1:10 PM	Men's Mile
1:35 PM	Three-Lap Sprint
2:00 PM	Finish

Time	Field Events
10:00 AM	High Jump - Flight 1
11:30 AM	High Jump - Flight 2
10:00 AM	Discus - Open Circle
1:00 PM	

Time	Field Events
10:00 AM	Long Jump - Open Pit
1:00 PM	
10:00 AM	Shot Put - Open Circle
1:00 PM	