

	Team	Score	Div
MECTA STATE MEET July 23, 2016 South Portland High School	1 South Portland	1,338.00	2
	2 Unum	792.50	1
	3 Maine Health	347.00	1
	4 Bath Iron Works	307.00	1
	5 TD Bank	281.00	1
	6 OA-Spectrum	229.50	2
	7 IDEXX Laboratories	138.00	1
	8 L.L. Bean	118.00	1
	9 Texas Instruments	116.00	1
	10 New England Cancer Medicine	65.00	2

SHOT PUT		OPEN RECORD	
W18-29		Nicole Lessard (Aetna) 1999	37' 5"

Name	Age	Team	Distance	Pts.
1 Danica Gleason	21	South Portland	32 - 01.5	10
2 Regina Roberts	29	Unum	23 - 10	8
3 Lindsey St. Louis	25	New England Cancer Medicine	16 - 07	6
4 Rachel Farris	27	New England Cancer Medicine	15 - 06.5	4

SHOT PUT		SUBMASTER RECORD	
W30-39		Kellie Cheney (Aetna) 2000	40' 1"

Name	Age	Team	Distance	Pts.
1 Miranda Derenberger	36	Maine Health	28 - 06	10
2 Amanda Roy	30	South Portland	28 - 02.5	8
3 Lyndee Whitten	33	IDEXX Laboratories	27 - 05.5	6
4 Danielle Briggeman	31	New England Cancer Medicine	25 - 00	4
5 Jennifer Talmadge	37	OA-Spectrum	24 - 01	2
6 Hilary Chase	38	South Portland	21 - 10	1
7 Catherine Rush	36	TD Bank	19 - 06.5	

SHOT PUT		MASTER RECORD	
W40-49		Susan Weimer (USM) 2005	29' 10"
		Susan Weimer (unattached) 2010	32' 5½"

Name	Age	Team	Distance	Pts.
1 Marci Amos	41	TD Bank	25 - 09	10
2 Kathy DiPhilippo	48	South Portland	23 - 01	8
3 Julie Lefebvre	43	South Portland	21 - 04	6
4 Elizabeth Fowler	43	South Portland	19 - 06.5	4
5 Karen Cassette	47	Unum	19 - 04.5	2
6 Cassandra Cichon	41	South Portland	19 - 00	1
7 Stephanie Thebarga	40	New England Cancer Medicine	18 - 09.5	
8 Marjorie Haney	49	South Portland	18 - 00.5	

SHOT PUT		SENIOR RECORD	
W50-59		Karen Reardon (South Portland) 2010	32' 9¾"

Name	Age	Team	Distance	Pts.
1 Karen Reardon	58	South Portland	31 - 05.5	10
2 Cindy Senkbeil	52	Bath Iron Works	29 - 07	8
3 Kim Coombs	59	South Portland	27 - 07	6
4 Lise Dietrich	57	TD Bank	25 - 06.5	4
5 Karen Sullivan	55	Bath Iron Works	24 - 01	2
6 Kim Kilborn	54	L.L. Bean	23 - 08.5	1
7 Sue McCarthy	53	Maine Health	23 - 01	
8 Lisa Latno	55	Unum	22 - 07.5	

9 Lee Ann Roy	57	Texas Instruments	22 - 03
10 Cheryl Nichols	55	Unum	20 - 07
11 Gloria Miro	52	South Portland	20 - 01

SHOT PUT			VETERAN RECORD	
W60-69			Cheryl Gilbert (BIW) 2008 24' 8½"	
Name	Age	Team	Distance	Pts.
1 Deb Marcoux	64	South Portland	18 - 09.5	10
2 Chris Hillman	64	OA-Spectrum	17 - 09	8
3 Cheryl Gilbert	68	Bath Iron Works	17 - 01	6
4 Yvette Moody	64	New England Cancer Medicine	13 - 06	4

SHOT PUT			BRONZE VETERAN RECORD	
W70-79			Polly Kenniston (UNUM) 2008 20' 1"	
Name	Age	Team	Distance	Pts.
1 Donna Green	74	South Portland	13 - 08	10
2 Sue Wallace	74	South Portland	8 - 10.5	8

DISCUS			OPEN RECORD	
W18-29			Nicole Lessard (Aetna) 1999 116' 7"	
Name	Age	Team	Distance	Pts.
1 Danica Gleason	21	South Portland	57 - 09	10

DISCUS			SUBMASTER RECORD	
W30-39			Nicole Lessard (Forum Financial) 2002 115' 4"	
Name	Age	Team	Distance	Pts.
1 Miranda Derenberger	36	Maine Health	91 - 04	10
2 Amanda Roy	30	South Portland	88 - 02	8
3 Lyndee Whitten	33	IDEXX Laboratories	86 - 04	6
4 Catherine Rush	36	TD Bank	74 - 03	4
5 Sarah Drake	30	South Portland	64 - 11	2
6 Erin Hatch	31	Maine Health	60 - 07	1

DISCUS			MASTER RECORD	
W40-49			Blue Butterfield (Maine Health) 2011 89' 10"	
Name	Age	Team	Distance	Pts.
1 Marci Amos	41	TD Bank	80 - 03	10
2 Lisa Gyurko	41	TD Bank	68 - 02	8
3 Kathy DiPhilippo	48	South Portland	67 - 00	6
4 Cassandra Cichon	41	South Portland	43 - 09	4
5 Marjorie Haney	49	South Portland	42 - 10	2

DISCUS			SENIOR RECORD	
W50-59			Karen Reardon (South Portland) 2010 99' 7"	
Name	Age	Team	Distance	Pts.
1 Karen Reardon	58	South Portland	91 - 05	10
2 Kim Coombs	59	South Portland	70 - 09	8
3 Lisa Latno	55	Unum	65 - 00	6
4 Cindy Senkbeil	52	Bath Iron Works	64 - 06	4
5 Kim Kilborn	54	L.L. Bean	57 - 03	2
6 Karen Sullivan	55	Bath Iron Works	56 - 06	1
7 Carrie Stilphen	52	South Portland	49 - 11	
8 Margaret Esten	53	South Portland	49 - 05	
9 Lise Dietrich	57	TD Bank	43 - 08	

DISCUS			VETERAN RECORD	
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W60-69			Marsha Waterman (Maine Health) 2012		69' 10"
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Name	Age	Team	Distance	Pts.
1 Cheryl Gilbert	68	Bath Iron Works	37 - 06	10
2 Yvette Moody	64	New England Cancer Medicine	24 - 03	8

DISCUS			BRONZE VETERAN RECORD		
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W70-79			Laurie Rothrock (IDEXX) 2012		40' 1"
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Name	Age	Team	Distance	Pts.
1 Sue Wallace	74	South Portland	24 - 01	10

TURBO JAV			OPEN RECORD		
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W18-29			Tessa Miller (UNUM) 2015		110' 5"
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Name	Age	Team	Distance	Pts.
1 Lindsey St. Louis	25	New England Cancer Medicine	60 - 03	10
2 Regina Roberts	29	Unum	54 - 07	8
3 Rachel Farris	27	New England Cancer Medicine	28 - 05	6

TURBO JAV			SUBMASTER RECORD		
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W30-39			Tessa Miller (UNUM) 2016		90' 3"
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Name	Age	Team	Distance	Pts.
1 Tessa Miller	30	Unum	90 - 03	10
2 Jennifer Talmadge	37	OA-Spectrum	68 - 09	8
3 Sarah Drake	30	South Portland	67 - 05	6
4 Catherine Rush	36	TD Bank	66 - 05	4
5 Lyndee Whitten	33	IDEXX Laboratories	65 - 02	2
6 Danielle Briggeman	31	New England Cancer Medicine	60 - 02	1
7 Amanda Roy	30	South Portland	56 - 10	
8 Hilary Chase	38	South Portland	56 - 08	
9 Erin Hatch	31	Maine Health	46 - 09	
10 Ali Chabot	39	OA-Spectrum	42 - 11	
11 Jessie Creighton	30	Unum	34 - 11	
12 Devon Robie	33	South Portland	22 - 11	

TURBO JAV			MASTER RECORD		
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W40-49			Blue Butterfield (Maine Health) 2012		95' 1"
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Name	Age	Team	Distance	Pts.
1 Kathy DiPhilippo	48	South Portland	66 - 03	10
2 Marci Amos	41	TD Bank	51 - 10	8
3 Lori Towle	43	South Portland	49 - 07	6
4 Marjorie Haney	49	South Portland	49 - 06	4
5 Cassandra Cichon	41	South Portland	47 - 06	2
6 Lisa Gyurko	41	TD Bank	44 - 09	1
7 Stephanie Thebarga	40	New England Cancer Medicine	42 - 00	
7 Jean Lunt-Farley	42	Unum	42 - 00	
9 Amy Otero-Otero	49	Unum	40 - 02	
10 Elizabeth Fowler	43	South Portland	32 - 04	

TURBO JAV			SENIOR RECORD		
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W50-59			Kim Coombs (South Portland) 2010		83' 1"
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Name	Age	Team	Distance	Pts.
1 Kim Coombs	59	South Portland	66 - 03	10
2 Karen Reardon	58	South Portland	60 - 10	8
3 Gloria Miro	52	South Portland	53 - 11	6
4 Margaret Esten	53	South Portland	53 - 03	4
5 Cindy Senkbeil	52	Bath Iron Works	51 - 06	2
6 Karen Sullivan	55	Bath Iron Works	41 - 10	1

7 Lee Ann Roy	57	Texas Instruments	34 - 02
8 Cheryl Nichols	55	Unum	30 - 06

TURBO JAV			VETERAN RECORD	
W60-69			Chris Hillman (OA-Spectrum) 2015	52' 7"
Name	Age	Team	Distance	Pts.
1 Chris Hillman	64	OA-Spectrum	48 - 02	10
2 Reta Brown	63	South Portland	43 - 09	8
3 Anita Hampton	64	Texas Instruments	41 - 01	6
4 Deb Marcoux	64	South Portland	35 - 09	4
5 Yvette Moody	64	New England Cancer Medicine	31 - 00	2

TURBO JAV			BRONZE VETERAN RECORD	
W70-79			Laurie Rothrock (IDEXX) 2012	30' 3"
Name	Age	Team	Distance	Pts.
1 Sue Wallace	74	South Portland	16 - 06	10

TURBO JAV			SILVER VETERAN RECORD	
W80-89			Terri Morris (UNUM) 2008	28' 2"
Name	Age	Team	Distance	Pts.
1 Polly Kenniston	80	Unum	16 - 07	10

HIGH JUMP			OPEN RECORD	
W18-29			Sarah Marble (UNUM) 1995, Lisa Witte (Acadia) 1999, Hannah Bewsey (IDEXX) 2015	5' 0"
Name	Age	Team	Height	Pts.
1 Lexi Dietrich	21	TD Bank	4 - 06	10
2 Danica Gleason	21	South Portland	4 - 02	8

HIGH JUMP			SUBMASTER RECORD	
W30-39			Pelletier (USPS) 1990, Judy Hairsine (UNUM) 1991, Sarah Marble (UNUM) 1998, Pam Swan (BIW) 2002, Marci Amos (TD Bank) 2005	4' 10"
Name	Age	Team	Height	Pts.
1 Erin Hatch	31	Maine Health	4 - 04	10
2 Lyndee Whitten	33	IDEXX Laboratories	4 - 02	8
3 Jodie Frey	33	OA-Spectrum	4 - 02	6
4 Sarah Drake	30	South Portland	3 - 08	4
5 Amanda Roy	30	South Portland	3 - 04	2

HIGH JUMP			MASTER RECORD	
W40-49			Pam Swan (BIW) 2004	5' 0"
Name	Age	Team	Height	Pts.
1 Marci Amos	41	TD Bank	4 - 02	10
2 Kathy DiPhilippo	48	South Portland	3 - 02	8

HIGH JUMP			SENIOR RECORD	
W50-59			Judy Hairsine (UNUM) 2002	4' 0"
Name	Age	Team	Height	Pts.
1 Kim Coombs	59	South Portland	3 - 04	10

LONG JUMP			OPEN RECORD	
W18-29			Alison Kent (UNUM) 1991, Molly Urquhart (LL Bean) 2004	17' 7"
Name	Age	Team	Distance	Pts.
1 Lexi Dietrich	21	TD Bank	13 - 10	10
2 Lindsey St. Louis	25	New England Cancer Medicine	9 - 06	8
3 Nicole Ames	28	Unum	8 - 00	6

LONG JUMP			SUBMASTER RECORD	
W30-39			Miranda Derenberger (Maine Health) 2013 16' 3"	
Name	Age	Team	Distance	Pts.
1 Miranda Derenberger	36	Maine Health	14 - 00	10
2 Tessa Miller	30	Unum	12 - 08	8
3 Jodie Frey	33	OA-Spectrum	11 - 05	6
4 Danielle Briggeman	31	New England Cancer Medicine	10 - 11	4
5 Hilary Chase	38	South Portland	8 - 07	2
6 Sarah Drake	30	South Portland	8 - 06	1
7 Katelyn Foley	30	South Portland	7 - 07.5	
8 Jessie Creighton	30	Unum	7 - 02	

LONG JUMP			MASTER RECORD	
W40-49			Pam Swan (BIW) 2006 15' 11½"	
Name	Age	Team	Distance	Pts.
1 Marci Amos	41	TD Bank	11 - 10	10
2 Aimee Plowman	40	Maine Health	10 - 07	8
3 Barb Lavallee	46	Maine Health	10 - 04.5	6
4 Lori Towle	43	South Portland	9 - 02	4
5 Julie Lefebvre	43	South Portland	7 - 11	2
6 Stephanie Theborge	40	New England Cancer Medicine	7 - 08	1
7 Kathy DiPhilippo	48	South Portland	4 - 09	

LONG JUMP			SENIOR RECORD	
W50-59			Caryn Treister (USM) 2005 13' 6"	
Name	Age	Team	Distance	Pts.
1 Cheryl Noe	58	L.L. Bean	9 - 07	10
2 Carolyn Sivik	52	South Portland	9 - 02	8
3 Gloria Miro	52	South Portland	7 - 09	6
4 Margaret Esten	53	South Portland	7 - 03.5	4
5 Lise Dietrich	57	TD Bank	6 - 09.5	2
6 Carrie Stilphen	52	South Portland	6 - 06	1

LONG JUMP			VETERAN RECORD	
W60-69			Marsha Waterman (Maine Health) 2012 9' 2½"	
Name	Age	Team	Distance	Pts.
1 Reta Brown	63	South Portland	8 - 10	10
2 Deb Marcoux	64	South Portland	7 - 05	8
3 Yvette Moody	64	New England Cancer Medicine	7 - 02	6
4 Cheryl Gilbert	68	Bath Iron Works	5 - 07.5	4

55m HURDLES			OPEN RECORD	
W18-29			Leigh Maniscalco (IDEXX) 2010 9.4	
Name	Age	Team	Time	Pts.
1 Danica Gleason	21	South Portland	10.2	10
2 Ashleigh MacDonald	28	South Portland	10.3	8

55m HURDLES			SUBMASTER RECORD	
W30-39			Audrey Shaw (Maine Health) 2014 8.9	
Name	Age	Team	Time	Pts.
1 Kari Voelker	39	South Portland	11.2	10
2 Jodie Frey	33	OA-Spectrum	14.4	8
3 Hilary Chase	38	South Portland	15.8	6

55m HURDLES			MASTER RECORD	
W40-49			Barbara Lavallee (Maine Health) 2010, Susan Weimer (unattached) 2011 9.8	

Name	Age	Team	Time	Pts.
1 Barb Lavallee	46	Maine Health	11.1	10
2 Julie Lefebvre	43	South Portland	20.6	8

55m HURDLES	SENIOR RECORD
W50-59	Cindy Senkbeil (BIW) 2016 12.6

Name	Age	Team	Time	Pts.
1 Cindy Senkbeil	52	Bath Iron Works	12.6	10

100m DASH	OPEN RECORD
W18-29	Alison Kent (UNUM) 1992, Brooke DeForte (Maine DEP) 2004 12.8

Name	Age	Team	Time	Pts.
1 Lexi Dietrich	21	TD Bank	13.4	10
2 Ashleigh MacDonald	28	South Portland	14.4	8
3 Sarah Richardson	26	OA-Spectrum	14.8	6
4 Kayla Morong	26	L.L. Bean	14.9	4
5 Brooke Curry	23	OA-Spectrum	15.3	2
6 Isabelle DiBiase	19	IDEXX Laboratories	16.5	0.5
6 Andrea Toro	29	L.L. Bean	16.5	0.5
8 Nicole Ames	28	Unum	17.4	

100m DASH	SUBMASTER RECORD
W30-39	Audrey Shaw (Maine Health) 2014 13.2

Name	Age	Team	Time	Pts.
1 Miranda Derenberger	36	Maine Health	13.7	10
2 Jennifer Talmadge	37	OA-Spectrum	13.8	8
3 Tessa Miller	30	Unum	15.2	6
4 Kari Voelker	39	South Portland	15.6	4
5 Jennifer Grasso	34	South Portland	15.9	2
6 Devon Robie	33	South Portland	16.2	1
7 Jessie Creighton	30	Unum	17.0	
8 Katelyn Foley	30	South Portland	19.1	
9 Kristina Green	36	South Portland	23.2	

100m DASH	MASTER RECORD
W40-49	Sue McCarthy (Maine Health) 2012 13.1

Name	Age	Team	Time	Pts.
1 Kelly Ramos	40	TD Bank	15.2	10
2 Barb Lavallee	46	Maine Health	15.6	8
3 Aimee Plowman	40	Maine Health	15.8	6
4 Jean Lunt-Farley	42	Unum	17.4	4
5 Heather Fairfield	44	South Portland	19.1	1.5
5 Amy Otero-Otero	49	Unum	19.1	1.5
7 Alexandra Gildart	40	Bath Iron Works	20.0	

100m DASH	SENIOR RECORD
W50-59	Sue McCarthy (Maine Health) 2016 13.3

Name	Age	Team	Time	Pts.
1 Sue McCarthy	53	Maine Health	13.3	10
2 Lee Ann Roy	57	Texas Instruments	17.5	8
3 Cheryl Noe	58	L.L. Bean	18.4	6
4 Cheryl Nichols	55	Unum	20.2	4
5 Carrie Stilphen	52	South Portland	20.4	2

100m DASH	VETERAN RECORD
W60-69	Nancy Lund (OA-Spectrum) 2014 18.4

Name	Age	Team	Time	Pts.
1 Anita Hampton	64	Texas Instruments	19.2	10
2 Jacci Hussey	65	OA-Spectrum	19.6	8
3 Deb Marcoux	64	South Portland	19.7	6
4 Cheryl Gilbert	68	Bath Iron Works	20.1	4
5 Chris Hillman	64	OA-Spectrum	20.7	2
6 Yvette Moody	64	New England Cancer Medicine	21.9	1
7 Sue Corbett	68	South Portland	25.2	

100m DASH	BRONZE VETERAN RECORD
W70-79	Donna Green (South Portland) 2014 22.4

Name	Age	Team	Time	Pts.
1 Donna Green	74	South Portland	25.9	10

200m DASH	OPEN RECORD
W18-29	Alison Kent (UNUM) 1992 25.7

Name	Age	Team	Time	Pts.
1 Lexi Dietrich	21	TD Bank	26.6	10
2 Ashleigh MacDonald	28	South Portland	32.3	8
3 Isabelle DiBiase	19	IDEXX Laboratories	38.0	6

200m DASH	SUBMASTER RECORD
W30-39	Cheryl Bascomb (LL Bean) 1991 27.6

Name	Age	Team	Time	Pts.
1 Hollie Corbett	37	South Portland	30.6	10
2 Tessa Miller	30	Unum	33.0	8
3 Kari Voelker	39	South Portland	33.2	6
4 Jennifer Grasso	34	South Portland	35.1	4
5 Devon Robie	33	South Portland	36.1	1.5
5 Jodie Frey	33	OA-Spectrum	36.1	1.5
7 Jessie Creighton	30	Unum	38.5	

200m DASH	MASTER RECORD
W40-49	Sue McCarthy (Maine Health) 2012 28.2

Name	Age	Team	Time	Pts.
1 Kelly Ramos	40	TD Bank	32.9	10
2 Aimee Plowman	40	Maine Health	33.0	8
3 Jean Lunt-Farley	42	Unum	38.6	6

200m DASH	SENIOR RECORD
W50-59	Sue McCarthy (Maine Health) 2016 27.7

Name	Age	Team	Time	Pts.
1 Sue McCarthy	53	Maine Health	27.7	10
2 Kim Key	51	South Portland	40.5	8
3 Carolyn Sivik	52	South Portland	40.7	6

200m DASH	VETERAN RECORD
W60-69	Reta Brown (South Portland) 2016 39.6

Name	Age	Team	Time	Pts.
1 Reta Brown	63	South Portland	40.8	10
2 Jacci Hussey	65	OA-Spectrum	42.5	8
3 Anita Hampton	64	Texas Instruments	42.7	6
4 Deb Marcoux	64	South Portland	45.5	4
5 Cheryl Gilbert	68	Bath Iron Works	46.9	2

200m DASH	SILVER VETERAN RECORD
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W80-89			Polly Kenniston (UNUM) 2016	56.6
Name	Age	Team	Time	Pts.
1 Polly Kenniston	80	Unum	56.6	10
400m DASH			OPEN RECORD	
W18-29			Cheryl Bascomb (LL Bean) 1988	1:00.3
Name	Age	Team	Time	Pts.
1 Ashleigh MacDonald	28	South Portland	1:15.9	10
2 Andrea Toro	29	L.L. Bean	1:20.0	8
400m DASH			SUBMASTER RECORD	
W30-39			Cheryl Bascomb (LL Bean) 1992	1:01.3
Name	Age	Team	Time	Pts.
1 Hollie Corbett	37	South Portland	1:15.3	10
2 Jennifer Talmadge	37	OA-Spectrum	1:25.0	8
3 Kari Voelker	39	South Portland	1:26.6	6
4 Jessie Creighton	30	Unum	1:28.2	4
400m DASH			MASTER RECORD	
W40-49			Pam Swan (BIW) 2003	1:04.2
Name	Age	Team	Time	Pts.
1 Kelly Ramos	40	TD Bank	1:13.8	10
2 Jean Lunt-Farley	42	Unum	1:25.7	8
3 Karen Cassette	47	Unum	1:34.1	6
4 Lori Towle	43	South Portland	1:36.7	4
400m DASH			SENIOR RECORD	
W50-59			Sue McCarthy (Maine Health) 2014	1:08.4
Name	Age	Team	Time	Pts.
1 Sue McCarthy	53	Maine Health	1:11.4	10
2 Cheryl Noe	58	L.L. Bean	1:30.0	8
3 Carolyn Sivik	52	South Portland	1:34.0	6
4 Cheryl Nichols	55	Unum	1:46.4	4
400m DASH			VETERAN RECORD	
W60-69			Joan Lavin (UNUM) 2008	1:31.5
Name	Age	Team	Time	Pts.
1 Reta Brown	63	South Portland	1:39.1	10
2 Juliet Clark	67	Unum	1:39.7	8
3 Kim Williams	61	Unum	1:53.7	6
4 Joan Lavin	69	Unum	1:56.8	4
400m DASH			SILVER VETERAN RECORD	
W80-89			Polly Kenniston (UNUM) 2016	2:13.9
Name	Age	Team	Time	Pts.
1 Polly Kenniston	80	Unum	2:19.2	10
800m RUN			OPEN RECORD	
W18-29			Kathy McCosh (BIW) 1988	2:22.0
Name	Age	Team	Time	Pts.
1 Kayla Morong	26	L.L. Bean	2:55.7	10
2 Brooke Curry	23	OA-Spectrum	3:04.0	8
3 Mytien Huynh	29	South Portland	3:09.7	6
800m RUN			SUBMASTER RECORD	
W30-39			Christine Reaser (Maine Medical Center) 2000	2:20.0



Name	Age	Team	Time	Pts.
1 Hollie Corbett	37	South Portland	2:33.9	10
2 Lauren Austin	35	Unum	3:07.3	8
3 Jennifer Grasso	34	South Portland	3:30.5	6

800m RUN	MASTER RECORD
W40-49	Gayla Underkoffer (UNUM) 2002 2:30.0

Name	Age	Team	Time	Pts.
1 Kelly Ramos	40	TD Bank	2:53.5	10
2 Lisa Gyurko	41	TD Bank	3:18.0	8
3 Lori Towle	43	South Portland	3:33.0	6
4 Karen Cassette	47	Unum	3:51.9	4

800m RUN	SENIOR RECORD
W50-59	Carol Hogan (Maine DEP) 2005 2:42.8

Name	Age	Team	Time	Pts.
1 Denise Curry	51	OA-Spectrum	2:56.5	10
2 Kim Key	51	South Portland	3:14.7	8
3 Mary Donovan	51	South Portland	3:44.7	6

800m RUN	VETERAN RECORD
W60-69	Joan Lavin (UNUM) 2008 3:19.8

Name	Age	Team	Time	Pts.
1 Chris Hillman	64	OA-Spectrum	3:59.3	10
2 Jacci Hussey	65	OA-Spectrum	3:59.7	8
3 Reta Brown	63	South Portland	4:01.3	6

1600m RUN	OPEN RECORD
W18-29	Jennifer Rolfe (SD Warren) 1990 5:07.2

Name	Age	Team	Time	Pts.
1 Brooke Curry	23	OA-Spectrum	7:02.2	10

1600m RUN	SUBMASTER RECORD
W30-39	Kristin Barry (Pierce Atwood) 2005 5:04.4

Name	Age	Team	Time	Pts.
1 Hollie Corbett	37	South Portland	6:17.6	10
2 Lauren Austin	35	Unum	6:22.7	8
3 Jennifer Grasso	34	South Portland	8:25.0	6

1600m RUN	MASTER RECORD
W40-49	Gayla Underkoffer (UNUM) 2002 5:19.0

Name	Age	Team	Time	Pts.
1 Lisa Gyurko	41	TD Bank	7:26.0	10
2 Karen Cassette	47	Unum	8:17.8	8
3 Julie Lefebvre	43	South Portland	9:05.0	6

1600m RUN	SENIOR RECORD
W50-59	Carol Hogan (Maine DEP) 2005 6:03.0

Name	Age	Team	Time	Pts.
1 Denise Curry	51	OA-Spectrum	6:24.0	10
2 Kim Key	51	South Portland	7:21.9	8

1600m RUN	VETERAN RECORD
W60-69	Joan Lavin (UNUM) 2008 7:18.0

Name	Age	Team	Time	Pts.
1 Juliet Clark	67	Unum	8:33.9	10

1600m RUN	SILVER VETERAN RECORD
W80-89	Polly Kenniston (UNUM) 2016 10:27.1

Name	Age	Team	Time	Pts.
1 Polly Kenniston	80	Unum	10:27.1	10

5k ROAD RACE	OPEN RECORD
W18-29	Beth Parker (ABCBS) 2003 18:41.0

Name	Age	Team	Time	Pts.
1 Kayla Morong	26	L.L. Bean	23:00.0	10
2 Brooke Curry	23	OA-Spectrum	23:18.0	8
3 Alice McAvoy	28	Unum	23:27.0	6
4 Mytien Huynh	29	South Portland	23:52.0	4

5k ROAD RACE	SUBMASTER RECORD
W30-39	Gayla Underkoffer (UNUM) 2003 17:14.0

Name	Age	Team	Time	Pts.
1 Rebecca Rogers	37	L.L. Bean	26:08.0	10
2 Devon Robie	33	South Portland	28:24.0	8
3 Kristina Green	36	South Portland	29:11.0	6
4 Katelyn Foley	30	South Portland	29:50.0	4

5k ROAD RACE	MASTER RECORD
W40-49	Christine Irish (Maine Health) 2015 18:16.2

Name	Age	Team	Time	Pts.
1 Lori Towle	43	South Portland	25:54.0	10
2 Heather Fairfield	44	South Portland	28:48.5	8

5k ROAD RACE	SENIOR RECORD
W50-59	Jean Thomas (UNUM) 1997 20:48.0

Name	Age	Team	Time	Pts.
1 Denise Curry	51	OA-Spectrum	21:33.0	10
2 Kim Key	51	South Portland	23:59.0	8
3 Carolyn Sivik	52	South Portland	25:10.0	6
4 Cheryl Nichols	55	Unum	26:34.0	4

5k ROAD RACE	VETERAN RECORD
W60-69	Beth Birch (UNUM) 1993 23:23.0

Name	Age	Team	Time	Pts.
1 Chris Hillman	64	OA-Spectrum	28:11.0	10

4x100m RELAY	OPEN RECORD
W18-29	UNUM (Marie Brume, Sandra Chasse, Valerie Langmaid, Sam Kane) 1991 54.0

Name	Time	Pts.
1 South Portland	1:04.2	10
2 TD Bank	1:06.9	8

4x100m RELAY	SUBMASTER RECORD
W30-39	UNUM (Sam Kane, Denise Goodwin, Stephanie Robichaud, JoAnna Dalton) 1997 56.5

Name	Time	Pts.
1 Maine Health	59.0	10
2 Unum	1:09.4	8
3 South Portland	1:13.0	6

4x100m RELAY	MASTER RECORD
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W40-49		Maine Health (Jane Foley, Barbara Lavallee, Blue Butterfield, Sue McCarthy) 2014		59.0	
Name		Time	Pts.		
1	South Portland	1:06.4	10		
4x100m RELAY		SENIOR RECORD			
W50-59		UNUM (Kim Williams, Sue Gormley, Judy Hairsine, Lisa Latno) 2011		1:13.4	
Name		Time	Pts.		
1	South Portland	1:20.5	10		
4x100m RELAY		VETERAN RECORD			
W60-69		UNUM (Polly Kenniston, Beth Birch, Kim Williams, Juliet Clark) 2005		1:39.9	
Name		Time	Pts.		
1	Unum	1:32.3	10		
4x400m RELAY		OPEN RECORD			
W18-29		UNUM 1990	4:30.0		
Name		Time	Pts.		
1	South Portland	5:52.0	10		
4x400m RELAY		SUBMASTER RECORD			
W30-39		Maine Health (Sheri Piers, Blue Butterfield, Beth Kelsh, Kristin Barry) 2007		4:49.2	
Name		Time	Pts.		
1	Unum	6:10.0	10		
2	South Portland	8:17.0	8		
4x400m RELAY		MASTER RECORD			
W40-49		UNUM (Lisa Latno, Kathy Ventura, Sarah Marble, Sam Kane) 2010		4:57.8	
Name		Time	Pts.		
1	South Portland	7:00.0	10		
4x400m RELAY		SENIOR RECORD			
W50-59		South Portland (Carolyn Sivik, Gloria Miro, Kim Key, Kim Coombs) 2016		6:05.6	
Name		Time	Pts.		
1	South Portland	6:28.6	10		
SHOT PUT		OPEN RECORD			
M18-29		Matthew Brown (BIW) 2010		56' 4 <sup>3</sup> / <sub>4</sub> "	
Name	Age	Team	Distance	Pts.	
1	Jack Fellows	24	Unum	47 - 11.5	10
2	Brian Woodbury	25	unattached	47 - 00	x
3	Will Lynch	23	Unum	34 - 01.5	8
4	Dave Hardison	25	Unum	30 - 09	6
5	Skyler Horrigan	26	South Portland	26 - 03	4
SHOT PUT		SUBMASTER RECORD			
M30-39		Matthew Brown (BIW) 2013		51' 7 <sup>1</sup> / <sub>2</sub> "	
Name	Age	Team	Distance	Pts.	
1	Joshua Mimmovich	32	IDEXX Laboratories	37 - 06	10
2	Jonathan Bourque	30	Maine Health	36 - 04	8
3	Andrew Lupien	36	South Portland	32 - 02	6
4	Brad Demers	34	Maine Health	30 - 05	4
5	Tarek Hammour	37	OA-Spectrum	26 - 04	2
SHOT PUT		MASTER RECORD			
M40-49		Mike Snyder (BIW) 2000		44' 4"	
Name	Age	Team	Distance	Pts.	

1	David Kahill	41	South Portland	36 - 09	10
2	Charles Record	42	TD Bank	33 - 05.5	8
3	Steve Rothwell	44	Texas Instruments	33 - 00	6
4	Michael Martin	47	Unum	32 - 06.5	4
5	Steven Roy	42	IDEXX Laboratories	31 - 04	2
6	Andrew Wallace	44	South Portland	30 - 03	1

SHOT PUT				SENIOR RECORD	
M50-59				Mike Snyder (BIW) 2012 42' 0"	
Name	Age	Team	Distance	Pts.	
1	Mike Snyder	58	Bath Iron Works	38 - 05.5	10
2	Greg Stilphen	57	South Portland	37 - 02.5	8
3	Don Gleason	59	Bath Iron Works	29 - 07	6
4	Marc Landry	50	Texas Instruments	27 - 09	4
5	John Heffernan	53	South Portland	24 - 00	2
6	Brian Boyle	56	Bath Iron Works	17 - 11	1

SHOT PUT				VETERAN RECORD	
M60-69				Lou Sandmaier (BIW) 2015 34' 7"	
Name	Age	Team	Distance	Pts.	
1	Al Upton	61	Unum	34 - 01	10
2	Frank Arsenault	64	South Portland	32 - 03	8
3	Lou Sandmaier	64	Bath Iron Works	30 - 02.5	6
4	Bob Furman	65	OA-Spectrum	27 - 09	4
5	Mike Towle	68	South Portland	26 - 00	2
6	Steve Fermanis	60	Unum	25 - 10	1
7	Steve Mantis	66	South Portland	22 - 10	

SHOT PUT				BRONZE VETERAN RECORD	
M70-79				Joe Carlozzi (USM) 2007 40' 2½"	
Name	Age	Team	Distance	Pts.	
1	Charlie Cary	73	Bath Iron Works	26 - 07	10
2	Jef Evans	78	Unum	20 - 04.5	8
3	Carl Comstock	78	Unum	13 - 10	6

SHOT PUT				SILVER VETERAN RECORD	
M80-89				Joe Carlozzi (UNUM) 2016 35' 5"	
Name	Age	Team	Distance	Pts.	
1	Joe Carlozzi	80	Unum	34 - 04.5	10
2	Ed Snyder	83	Bath Iron Works	25 - 04.5	8

DISCUS				OPEN RECORD	
M18-29				Matthew Brown (BIW) 2010 152' 5"	
Name	Age	Team	Distance	Pts.	
1	Brian Woodbury	25	unattached	143 - 03	x
2	Jack Fellows	24	Unum	140 - 11	10

DISCUS				SUBMASTER RECORD	
M30-39				Jeff Amos (TD Bank) 2009, Matthew Brown (BIW) 2014 150' 11"	
Name	Age	Team	Distance	Pts.	
1	Joshua Mimmovich	32	IDEXX Laboratories	110 - 00	10
2	Jonathan Bourque	30	Maine Health	99 - 01	8
3	Andrew Lupien	36	South Portland	93 - 04	6
4	Kevin Hardison	32	Unum	78 - 08	4
5	Travis Swain	34	Bath Iron Works	66 - 10	2
6	Justin Seamans	33	Bath Iron Works	63 - 00	1

<b>DISCUS</b>			<b>MASTER RECORD</b>	
<b>M40-49</b>			<b>Jeff Amos (TD Bank) 136' 3"</b>	

Name	Age	Team	Distance	Pts.
1 Charles Record	42	TD Bank	109 - 00	10
2 Steven Roy	42	IDEXX Laboratories	107 - 11	8
3 David Kahill	41	South Portland	95 - 06	6
4 Michael Martin	47	Unum	93 - 07	4
5 Jeremy Hammond	43	IDEXX Laboratories	86 - 07	2

<b>DISCUS</b>			<b>SENIOR RECORD</b>	
<b>M50-59</b>			<b>Peter Serunian (Anthem) 2009 139' 0"</b>	

Name	Age	Team	Distance	Pts.
1 Jim Giroux	52	unattached	129 - 07	x
2 Greg Stilphen	57	South Portland	98 - 03	10
3 Mike Snyder	58	Bath Iron Works	89 - 11	8
4 Kevin Wilson	57	Bath Iron Works	84 - 01	6
5 Don Gleason	59	Bath Iron Works	81 - 04	4
6 Doug McLellan	59	L.L. Bean	63 - 09	2
7 Brian Boyle	56	Bath Iron Works	56 - 03	1

<b>DISCUS</b>			<b>VETERAN RECORD</b>	
<b>M60-69</b>			<b>Dave MacMillan (Pierce Atwood) 2006 145' 3"</b>	

Name	Age	Team	Distance	Pts.
1 Al Upton	61	Unum	113 - 05	10
2 Lou Sandmaier	64	Bath Iron Works	112 - 03	8
3 Steve Fermanis	60	Unum	88 - 04	6
4 Steve Mantis	66	South Portland	81 - 03	4
5 Bob Furman	65	OA-Spectrum	71 - 11	2
6 Frank Arsenault	64	South Portland	69 - 09	1

<b>DISCUS</b>			<b>BRONZE VETERAN RECORD</b>	
<b>M70-79</b>			<b>Jim Rothrock (IDEXX) 2007 123' 4"</b>	

Name	Age	Team	Distance	Pts.
1 Charlie Cary	73	Bath Iron Works	80 - 09	10
2 Jef Evans	78	Unum	57 - 04	8
3 Carl Comstock	78	Unum	41 - 07	6

<b>DISCUS</b>			<b>SILVER VETERAN RECORD</b>	
<b>M80-89</b>			<b>Joe Carlozzi (UNUM) 2016 94' 7"</b>	

Name	Age	Team	Distance	Pts.
1 Joe Carlozzi	80	Unum	93 - 03	10
2 Ed Snyder	83	Bath Iron Works	53 - 03	8

<b>TURBO JAV</b>			<b>OPEN RECORD</b>	
<b>M18-29</b>			<b>Kyle Brown (Maine Health) 2007 146' 5"</b>	

Name	Age	Team	Distance	Pts.
1 Dave Hardison	25	Unum	139 - 02	10
2 Jack Fellows	24	Unum	108 - 05	8
3 Darryl Wilkinson	22	South Portland	92 - 07	6
4 Josh Viola	28	South Portland	80 - 08	4
5 Nichols Moll	22	unattached	79 - 02	x
6 Japhet Murenzi	28	South Portland	75 - 02	2
7 Matt Twist	23	Unum	56 - 05	1

<b>TURBO JAV</b>			<b>SUBMASTER RECORD</b>	
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M30-39		Alex Jenkins (UNUM) 2015			149' 7"
Name	Age	Team	Distance	Pts.	
1 Alex Jenkins	35	Unum	128 - 10	10	
2 Jeremy Larose	37	South Portland	100 - 03	8	
3 Jonathan Bourque	30	Maine Health	99 - 10	6	
4 Kevin Hardison	32	Unum	95 - 10	4	
5 Nathan Priest	34	Unum	91 - 09	2	
6 Peter Pajer	35	IDEXX Laboratories	86 - 11	1	
7 Travis Swain	34	Bath Iron Works	82 - 07		
8 Justin Seamans	33	Bath Iron Works	78 - 04		

TURBO JAV		MASTER RECORD			
M40-49		Matthew Green (South Portland) 2010			139' 4"
Name	Age	Team	Distance	Pts.	
1 David Kahill	41	South Portland	127 - 07	10	
2 Jeremy Hammond	43	IDEXX Laboratories	109 - 06	8	
3 Mike Chase	41	South Portland	105 - 00	6	
4 Eric Evans	48	Unum	102 - 08	4	
5 Steve Rothwell	44	Texas Instruments	102 - 01	2	
6 Steven Roy	42	IDEXX Laboratories	102 - 00	1	
7 Joe Connors	47	South Portland	99 - 02		
8 Charles Record	42	TD Bank	95 - 07		
9 Andrew Wallace	44	South Portland	83 - 03		
10 Tony Rusiecki	49	TD Bank	60 - 11		

TURBO JAV		SENIOR RECORD			
M50-59		Mark Poirier (Maine Health) 2014			135' 8"
Name	Age	Team	Distance	Pts.	
1 Don Gleason	59	Bath Iron Works	90 - 07	10	
2 Marc Landry	50	Texas Instruments	82 - 05	8	
3 Chris Harnois	51	Unum	82 - 02	6	
4 John Heffernan	53	South Portland	81 - 07	4	
5 Brian Boyle	56	Bath Iron Works	76 - 00	2	

TURBO JAV		VETERAN RECORD			
M60-69		Frank Arsenault (South Portland) 2012			108' 1"
Name	Age	Team	Distance	Pts.	
1 Al Upton	61	Unum	87 - 04	10	
2 Frank Arsenault	64	South Portland	87 - 03	8	
3 Lou Sandmaier	64	Bath Iron Works	75 - 01	6	
4 Mike Towle	68	South Portland	68 - 09	4	
5 Bob Furman	65	OA-Spectrum	62 - 06	2	
6 Steve Mantis	66	South Portland	62 - 00	1	
7 Steve Fermanis	60	Unum	47 - 03		

TURBO JAV		SILVER VETERAN RECORD			
M80-89		Jim Rothrock (IDEXX) 2013			86' 6"
Name	Age	Team	Distance	Pts.	
1 Joe Carozzi	80	Unum	83 - 09	10	

HIGH JUMP		OPEN RECORD			
M18-29		Jeremy Link (South Portland) 1996			6' 6¼ "
Name	Age	Team	Height	Pts.	
1 Darryl Wilkinson	22	South Portland	5 - 04	10	
2 Josh Viola	28	South Portland	4 - 10	8	
3 Japhet Murenzi	28	South Portland	3 - 08	6	

HIGH JUMP			SUBMASTER RECORD	
M30-39			Art Henson (Anthem) 2001	6' 7"
Name	Age	Team	Height	Pts.
1 Aaron Whitten	30	IDEXX Laboratories	5 - 06	10
2 Alex Jenkins	35	Unum	5 - 04	8
3 David Masengesho	31	unattached	3 - 08	x

HIGH JUMP			MASTER RECORD	
M40-49			Dan Lavallee (Maine Health) 2007	5' 9"
Name	Age	Team	Height	Pts.
1 Andrew Wallace	44	South Portland	4 - 10	10
2 Darren Cook	44	South Portland	4 - 10	8
3 Steven Roy	42	IDEXX Laboratories	4 - 06	6
4 Sean Maggs	41	Unum	4 - 02	4

HIGH JUMP			SENIOR RECORD	
M50-59			Mark Poirier (Maine Health) 2014, Dan Lavallee (Maine Health) 2016	5' 2"
Name	Age	Team	Height	Pts.
1 Dan Lavallee	50	Maine Health	5 - 02	10
2 Walt Noe	57	L.L. Bean	4 - 00	8
3 Marc Landry	50	Texas Instruments	3 - 06	6

HIGH JUMP			VETERAN RECORD	
M60-69			Larry Dearborn (BIW) 2003	4' 6"
Name	Age	Team	Height	Pts.
1 Art Marcoux	65	South Portland	4 - 00	10
2 Mike Towle	68	South Portland	3 - 06	8
3 Al Upton	61	Unum	3 - 04	6

HIGH JUMP			BRONZE VETERAN RECORD	
M70-79			Joe Carlozzi (USM) 2006	4' 0"
Name	Age	Team	Height	Pts.
1 Charlie Cary	73	Bath Iron Works	3 - 08	10

HIGH JUMP			SILVER VETERAN RECORD	
M80-89			Joe Carlozzi (UNUM) 2016	3' 6"
Name	Age	Team	Height	Pts.
1 Joe Carlozzi	80	Unum	3 - 06	10

LONG JUMP			OPEN RECORD	
M18-29			Trey Gadbois (Portland) 2006 21' 10½"	
Name	Age	Team	Distance	Pts.
1 Dave Hardison	25	Unum	20 - 01	10
2 Jack Fellows	24	Unum	17 - 00	8
3 Josh Viola	28	South Portland	13 - 02	6
4 Jonathan Benner	27	South Portland	12 - 03	4

LONG JUMP			SUBMASTER RECORD	
M30-39			Art Henson (Anthem) 2001	21' 1"
Name	Age	Team	Distance	Pts.
1 Aaron Whitten	30	IDEXX Laboratories	19 - 02	10
2 Alex Jenkins	35	Unum	17 - 08.5	8
3 Mike Peterson	32	South Portland	15 - 10	6
4 Peter Pajer	35	IDEXX Laboratories	15 - 02	4

5 Kevin Hardison	32	Unum	14 - 10	2
6 Andrew Lupien	36	South Portland	13 - 07	1
7 Jonathan Bourque	30	Maine Health	13 - 02.5	

LONG JUMP			MASTER RECORD	
M40-49			Dan Lavallee (Maine Health) 2009 18' 5"	
Name	Age	Team	Distance	Pts.
1 David Kahill	41	South Portland	17 - 07.5	10
2 Darren Cook	44	South Portland	15 - 06	8
3 Steven Roy	42	IDEXX Laboratories	13 - 03	6
4 Tony Rusiecki	49	TD Bank	11 - 07	4
5 David Monesmith	47	TD Bank	11 - 03	2
6 Steve Rothwell	44	Texas Instruments	10 - 06	1
7 Sean Maggs	41	Unum	9 - 09.5	

LONG JUMP			SENIOR RECORD	
M50-59			Willis (Boise Cascade) 1989 17' 5"	
Name	Age	Team	Distance	Pts.
1 Chris Harnois	51	Unum	12 - 01	10
2 Kevin Wilson	57	Bath Iron Works	11 - 04	8
3 John Heffernan	53	South Portland	10 - 07	6
4 Marc Landry	50	Texas Instruments	9 - 07	4

LONG JUMP			VETERAN RECORD	
M60-69			Jim Comeau (BIW) 2006 14' 2"	
Name	Age	Team	Distance	Pts.
1 Art Marcoux	65	South Portland	11 - 02	10
2 Mike Towle	68	South Portland	9 - 03	8

LONG JUMP			BRONZE VETERAN RECORD	
M70-79			Bill Lavallee (Maine Health) 2014 12' 0"	
Name	Age	Team	Distance	Pts.
1 Charlie Cary	73	Bath Iron Works	9 - 01	10

LONG JUMP			SILVER VETERAN RECORD	
M80-89			Joe Carlozzi (UNUM) 7' 11"	
Name	Age	Team	Distance	Pts.
1 Joe Carlozzi	80	Unum	6 - 06.5	10

55m HURDLES			OPEN RECORD	
M18-29			David Hardison (UNUM) 2016 7.1	
Name	Age	Team	Time	Pts.
1 Dave Hardison	25	Unum	7.1	10
2 Elijah Yeboah	20	Maine Health	7.6	8
3 Jonathan Benner	27	South Portland	10.1	6

55m HURDLES			SUBMASTER RECORD	
M30-39			Art Henson (UNUM) 2004, Jason Soule (unattached) 2016 8.1	
Name	Age	Team	Time	Pts.
1 Mike Peterson	32	South Portland	9.0	10
2 Brad Demers	34	Maine Health	9.6	8
3 Casey Brough	39	South Portland	10.5	6
4 Tarek Hammour	37	OA-Spectrum	11.1	4
5 Steve Chabot	36	OA-Spectrum	13.7	2

55m HURDLES			MASTER RECORD	
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<b>M40-49</b>	<b>Dan Lavallee (Maine Health) 2009</b>				<b>7.9</b>
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Name	Age	Team	Time	Pts.
1 Mike Chase	41	South Portland	9.0	10
2 David Kahill	41	South Portland	9.2	8
3 Jeremy Hammond	43	IDEXX Laboratories	9.3	6
4 Matthew Green	46	South Portland	11.4	4

<b>55m HURDLES</b>	<b>SENIOR RECORD</b>			
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<b>M50-59</b>	<b>Dan Lavallee (Maine Health) 2016</b>				<b>8.5</b>
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Name	Age	Team	Time	Pts.
1 Dan Lavallee	50	Maine Health	8.5	10
2 Bob Cardona	52	Maine Health	9.5	8

<b>55m HURDLES</b>	<b>VETERAN RECORD</b>			
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<b>M60-69</b>	<b>Tex Haeuser (South Portland) 2013</b>				<b>10.5</b>
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Name	Age	Team	Time	Pts.
1 Art Marcoux	65	South Portland	12.4	10

<b>55m HURDLES</b>	<b>BRONZE VETERAN RECORD</b>			
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<b>M70-79</b>	<b>Bill Lavallee (Maine Health) 2012</b>				<b>11.6</b>
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Name	Age	Team	Time	Pts.
1 Jerry LeVasseur	79	Bath Iron Works	27.1	10

<b>100m DASH</b>	<b>OPEN RECORD</b>			
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<b>M18-29</b>	<b>Duke Yeboah (UNUM) 1989</b>				<b>10.9</b>
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Name	Age	Team	Time	Pts.
1 Dave Hardison	25	Unum	11.1	10
2 Isaac Yeboah	20	Maine Health	11.3	8
3 Trevor Ewald	21	IDEXX Laboratories	11.5	6
4 Will Lynch	23	Unum	12.1	4
5 Nick Baldwin	26	OA-Spectrum	12.2	2
6 Skyler Horrigan	26	South Portland	12.6	1
7 Josh Viola	28	South Portland	12.7	
8 Jonathan Benner	27	South Portland	14.6	

<b>100m DASH</b>	<b>SUBMASTER RECORD</b>			
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<b>M30-39</b>	<b>Kevin Russell (TD Bank) 2006</b>				<b>10.9</b>
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Name	Age	Team	Time	Pts.
1 Brad Demers	34	Maine Health	11.9	10
2 Kevin Hardison	32	Unum	12.1	8
3 Alex Jenkins	35	Unum	12.4	6
4 Jeremy Larose	37	South Portland	13.0	4
5 Chris Fiess	32	L.L. Bean	13.4	1.5
5 Peter Pajer	35	IDEXX Laboratories	13.4	1.5
7 Casey Brough	39	South Portland	13.7	
8 Travis Swain	34	Bath Iron Works	14.7	

<b>100m DASH</b>	<b>MASTER RECORD</b>			
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<b>M40-49</b>	<b>Rohan Stuart (Portland) 2005</b>				<b>11.6</b>
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Name	Age	Team	Time	Pts.
1 Eric Evans	48	Unum	12.8	10
2 Mike Chase	41	South Portland	14.0	6
2 Steve Rothwell	44	Texas Instruments	14.0	6
2 Joe Connors	47	South Portland	14.0	6
5 David Monesmith	47	TD Bank	14.8	2
6 Nick DiBiase	46	IDEXX Laboratories	15.2	1

100m DASH			SENIOR RECORD	
M50-59			Clint Merrill (BIW) 1998	12.0
Name	Age	Team	Time	Pts.
1 Duke Yeboah	53	Unum	12.5	10
2 Bob Cardona	52	Maine Health	12.7	8
3 Steve Matoian	52	South Portland	14.0	6
4 Kevin Wilson	57	Bath Iron Works	14.3	4
5 Chris Harnois	51	Unum	14.4	2
6 Mike Elliot	56	Texas Instruments	15.1	1
7 John Heffernan	53	South Portland	15.4	

100m DASH			VETERAN RECORD	
M60-69			Clint Merrill (BIW) 2009	13.0
Name	Age	Team	Time	Pts.
1 Russ Haschke	61	Texas Instruments	14.3	10
2 Frank Arsenaault	64	South Portland	15.3	8
3 Steve Fermanis	60	Unum	16.4	6
4 Don McDade	64	L.L. Bean	17.6	4
5 Bob Scarpelli	62	South Portland	18.5	2

100m DASH			BRONZE VETERAN RECORD	
M70-79			Jef Evans (UNUM) 2008	15.4
			Derry Rundlett (unattached) 2016	14.5
Name	Age	Team	Time	Pts.
1 Derry Rundlett	70	unattached	15.5	x
2 Jef Evans	78	Unum	18.0	10
3 Gene Corbett	70	South Portland	19.0	8
4 Carl Comstock	78	Unum	21.2	6

100m DASH			SILVER VETERAN RECORD	
M80-89			Joe Carlozzi (UNUM) 2016	19.3
Name	Age	Team	Time	Pts.
1 Ed Snyder	83	Bath Iron Works	24.7	10

200m DASH			OPEN RECORD	
M18-29			Jason Soule (A-BEST) 2009	22.8
Name	Age	Team	Time	Pts.
1 Isaac Yeboah	20	Maine Health	24.0	10
2 Sam Gerken	19	Maine Health	24.5	8
3 Will Lynch	23	Unum	26.4	6
4 Trevor Ewald	21	IDEXX Laboratories	27.7	4
5 Skyler Horrigan	26	South Portland	28.4	2

200m DASH			SUBMASTER RECORD	
M30-39			Kevin Russell (TD Bank) 2008	23.1
Name	Age	Team	Time	Pts.
1 Kevin Hardison	32	Unum	25.1	10
2 Brad Demers	34	Maine Health	25.3	8
3 Mike Peterson	32	South Portland	27.1	6
4 Jeremy Larose	37	South Portland	27.6	3
4 Nick Littlefield	34	L.L. Bean	27.6	3
6 Chris Fiess	32	L.L. Bean	27.9	1
7 Darren Wichenbach	35	Unum	28.8	
8 Casey Brough	39	South Portland	31.7	
9 Matthew Gildart	39	Bath Iron Works	35.3	

200m DASH			MASTER RECORD	
M40-49			Rohan Stuart (Portland) 2006	23.5
Name	Age	Team	Time	Pts.
1 Eric Evans	48	Unum	27.0	10
2 Darren Cook	44	South Portland	28.3	8
3 Mike Chase	41	South Portland	30.5	6
4 Andrew Wallace	44	South Portland	30.5	4
5 Tony Rusiecki	49	TD Bank	32.1	2
6 Nick DiBiase	46	IDEXX Laboratories	32.8	1

  

200m DASH			SENIOR RECORD	
M50-59			Clint Merrill (BIW) 1998	25.5
Name	Age	Team	Time	Pts.
1 Bob Cardona	52	Maine Health	26.9	10
2 Mike Elliot	56	Texas Instruments	29.9	8
3 Kevin Wilson	57	Bath Iron Works	32.1	6

  

200m DASH			VETERAN RECORD	
M60-69			Clint Merrill (BIW) 2009	27.6
Name	Age	Team	Time	Pts.
1 Russ Haschke	61	Texas Instruments	29.2	10
2 Art Marcoux	65	South Portland	36.4	8
3 Steve Fermanis	60	Unum	36.8	6

  

200m DASH			BRONZE VETERAN RECORD	
M70-79			Dick Camp (LL Bean) 2006	27.8
Name	Age	Team	Time	Pts.
1 Derry Rundlett	70	unattached	32.7	x
2 Gene Corbett	70	South Portland	42.4	10
3 Carl Comstock	78	Unum	43.5	8
4 Charlie Cary	73	Bath Iron Works	46.8	6

  

400m DASH			OPEN RECORD	
M18-29			Skip Edwards (Portland) 2006	50.2
Name	Age	Team	Time	Pts.
1 Elijah Yeboah	20	Maine Health	53.0	10
2 Sam Gerken	19	Maine Health	53.2	8
3 Darryl Wilkinson	22	South Portland	55.4	6
4 Will Lynch	23	Unum	1:01.9	4
5 Dorson Plourde	28	South Portland	1:09.8	2

  

400m DASH			SUBMASTER RECORD	
M30-39			Mike Leding (UNUM) 2004	52.5
Name	Age	Team	Time	Pts.
1 Dan Frey	34	OA-Spectrum	59.4	10
2 Mike Peterson	32	South Portland	1:03.0	8
3 Darren Wichenbach	35	Unum	1:04.8	6
4 Justin Seamans	33	Bath Iron Works	1:06.4	4
5 Nick Littlefield	34	L.L. Bean	1:07.0	2
6 Chris Fiess	32	L.L. Bean	1:08.3	1
7 Steve Chabot	36	OA-Spectrum	1:11.4	
8 Tarek Hammour	37	OA-Spectrum	1:13.0	

  

400m DASH			MASTER RECORD	
M40-49			Eric Evans (UNUM) 2009	55.7

Name	Age	Team	Time	Pts.
1 Matthew Green	46	South Portland	1:07.0	10
2 Joe Connors	47	South Portland	1:10.0	8
3 Rudy Sawyer	43	TD Bank	1:10.7	6
4 Brett Kennedy	49	South Portland	1:16.4	4
5 Nick DiBiase	46	IDEXX Laboratories	1:21.9	2

400m DASH	SENIOR RECORD
M50-59	Clint Merrill (BIW) 1998 57.6

Name	Age	Team	Time	Pts.
1 Mike Elliot	56	Texas Instruments	1:10.0	10
2 Brian Perreault	51	TD Bank	1:13.9	8
3 Chris Harnois	51	Unum	1:21.5	6
4 Henry Harnish	59	South Portland	1:41.2	4

400m DASH	VETERAN RECORD
M60-69	Clint Merrill (BIW) 2009 1:01.7

Name	Age	Team	Time	Pts.
1 Bob Scarpelli	62	South Portland	1:28.3	10
2 Art Marcoux	65	South Portland	1:34.2	8

400m DASH	BRONZE VETERAN RECORD
M70-79	Jef Evans (UNUM) 2008 1:16.5

Name	Age	Team	Time	Pts.
1 Derry Rundlett	70	unattached	1:24.0	x
2 Jerry LeVasseur	79	Bath Iron Works	2:18.1	10

800m RUN	OPEN RECORD
M18-29	Don Lary (UNUM) 1993 1:56.0

Name	Age	Team	Time	Pts.
1 Sam Gerken	19	Maine Health	2:08.9	10

800m RUN	SUBMASTER RECORD
M30-39	Allan Muir (Richardson & Troubh) 1993 2:00.5

Name	Age	Team	Time	Pts.
1 Nathan Priest	34	Unum	2:10.4	10
2 Matt Lunt	36	South Portland	2:11.0	8
3 Dan Frey	34	OA-Spectrum	2:17.2	6
4 Darren Wichenbach	35	Unum	2:25.0	4
5 Zacharie Boyce	31	Unum	2:26.4	2
6 Steve Chabot	36	OA-Spectrum	2:35.3	1
7 Justin Seamans	33	Bath Iron Works	2:35.7	
8 Travis Swain	34	Bath Iron Works	2:37.9	
9 David Masengesho	31	unattached	2:48.1	
10 Tarek Hammour	37	OA-Spectrum	2:49.8	
11 Matthew Gildart	39	Bath Iron Works	3:04.0	

800m RUN	MASTER RECORD
M40-49	Bob Winn (Hannaford) 2002 2:07.0

Name	Age	Team	Time	Pts.
1 Leo Scheidl	48	Unum	2:28.4	10
2 Robert Ashby	48	Bath Iron Works	2:31.2	8
3 Rudy Sawyer	43	TD Bank	2:35.0	6
4 Matthew Green	46	South Portland	2:40.1	4
5 Jim Kilburn	47	Unum	2:44.8	2
6 Sean Maggs	41	Unum	3:02.7	1

800m RUN			SENIOR RECORD	
M50-59			Tom Ryan (USM) 2006	2:10.9

Name	Age	Team	Time	Pts.
1 Brian Perreault	51	TD Bank	2:44.4	10
2 Henry Harnish	59	South Portland	2:50.0	8
3 Hans Brandes	58	Bath Iron Works	2:51.1	6

800m RUN			VETERAN RECORD	
M60-69			Clint Merrill (BIW) 2010	2:32.9

Name	Age	Team	Time	Pts.
1 Don McDade	64	L.L. Bean	2:56.7	10
2 Bob Scarpelli	62	South Portland	3:16.2	8
3 Brian Daly	63	South Portland	3:16.3	6

800m RUN			BRONZE VETERAN RECORD	
M70-79			Jerry LeVasseur (BIW) 2007	3:10.4

Name	Age	Team	Time	Pts.
1 Jerry LeVasseur	79	Bath Iron Works	5:06.7	10

1600m RUN			OPEN RECORD	
M18-29			Pat Tarp (BIW) 2010	4:18.8

Name	Age	Team	Time	Pts.
1 Jonathan Benner	27	South Portland	8:37.8	10

1600m RUN			SUBMASTER RECORD	
M30-39			Allan Muir (Richardson & Troubh) 1989	4:23.0

Name	Age	Team	Time	Pts.
1 Nathan Priest	34	Unum	5:03.7	10
2 Matt Lunt	36	South Portland	5:06.3	8
3 Dan Frey	34	OA-Spectrum	5:29.2	6
4 Zacharie Boyce	31	Unum	5:31.4	4
5 Justin Seamans	33	Bath Iron Works	6:09.1	2

1600m RUN			MASTER RECORD	
M40-49			Mike Payson (Portland) 2004	4:32.0

Name	Age	Team	Time	Pts.
1 Leo Scheidl	48	Unum	6:07.5	10
2 Jim Kilburn	47	Unum	6:09.5	8
3 Matthew Green	46	South Portland	12:04.7	6

1600m RUN			SENIOR RECORD	
M50-59			Tom Ryan (USM) 2006	4:49.0

Name	Age	Team	Time	Pts.
1 Brian Perreault	51	TD Bank	6:18.2	10
2 Henry Harnish	59	South Portland	7:08.0	8

1600m RUN			VETERAN RECORD	
M60-69			Jim Toulouse (UNUM) 2008	5:37.7

Name	Age	Team	Time	Pts.
1 Brian Daly	63	South Portland	7:14.4	10
2 Bob Scarpelli	62	South Portland	7:49.8	8

1600m RUN			BRONZE VETERAN RECORD	
M70-79			Jerry LeVasseur (BIW) 2007	6:54.6

Name	Age	Team	Time	Pts.
1 Jerry LeVasseur	79	Bath Iron Works	12:04.7	10

5k ROAD RACE	OPEN RECORD
M18-29	Pat Tarpay (BIW) 2010 14:40.3

Name	Age	Team	Time	Pts.
1 Sam Burgess	24	Unum	20:18.0	10
2 Nichols Moll	22	unattached	26:19.0	x
3 Japhet Murenzi	28	South Portland	26:48.0	8

5k ROAD RACE	SUBMASTER RECORD
M30-39	Robert Ashby (BIW) 1998 15:11.0

Name	Age	Team	Time	Pts.
1 Nathan Priest	34	Unum	17:19.0	10
2 Matt Lunt	36	South Portland	17:30.0	8
3 Dan Frey	34	OA-Spectrum	17:58.0	6
4 Ben Getchell	33	Unum	19:07.0	4
5 Josh Russell	31	Unum	21:19.0	2
6 Joshua Reny	36	South Portland	23:02.0	1
7 Ben Grasso	39	South Portland	25:01.0	
8 Brandon Szczeniak	32	OA-Spectrum	25:58.0	

5k ROAD RACE	MASTER RECORD
M40-49	Mike Payson (Portland) 2005 15:46.0

Name	Age	Team	Time	Pts.
1 Robert Ashby	48	Bath Iron Works	18:12.0	10
2 Rudy Sawyer	43	TD Bank	18:42.0	8
3 Jim Kilburn	47	Unum	19:57.0	6
4 Randy Inosencio	40	South Portland	20:49.0	4
5 Nick DiBiase	46	IDEXX Laboratories	21:37.0	2
6 Sean Maggs	41	Unum	22:40.0	1
7 Jeremy Hammond	43	IDEXX Laboratories	23:10.0	
8 David Monesmith	47	TD Bank	25:25.0	
9 Bill Curry	46	OA-Spectrum	28:48.7	

5k ROAD RACE	SENIOR RECORD
M50-59	Tom Ryan (USM) 2007 16:35.1

Name	Age	Team	Time	Pts.
1 Brian Perreault	51	TD Bank	20:43.0	10
2 Hans Brandes	58	Bath Iron Works	21:00.0	8
3 Chris Harnois	51	Unum	25:50.0	6

5k ROAD RACE	VETERAN RECORD
M60-69	Jim Toulouse (UNUM) 2008 19:05.6

Name	Age	Team	Time	Pts.
1 Don McDade	64	L.L. Bean	22:38.0	10
2 Mike Towle	68	South Portland	25:55.0	8

5k ROAD RACE	BRONZE VETERAN RECORD
M70-79	Jerry LeVasseur (BIW) 2007 23:37.9

Name	Age	Team	Time	Pts.
1 Jerry LeVasseur	79	Bath Iron Works	37:45.0	10
2 Gene Corbett	70	South Portland	39:07.0	8

4x100m RELAY	OPEN RECORD
M18-29	UNUM (Dave Moran, Mike Crowell, Don Russell, Chuck Valente) 1988 44.6

Name	Time	Pts.
1 Maine Health	47.8	10
2 South Portland	52.1	8
3 OA-Spectrum	57.9	6
4 IDEXX Laboratories	58.7	4
5 Unum	1:00.9	2

4x100m RELAY	SUBMASTER RECORD
M30-39	Bath Iron Works 1987 46.8

Name	Time	Pts.
1 Maine Health	52.8	10
2 Unum	54.3	7
2 South Portland	54.3	7
4 Bath Iron Works	1:03.2	4

4x100m RELAY	MASTER RECORD
M40-49	National Semiconductor (Alex Szczapa, Mike Elliot, Peter Dube, Mike Hastings) 2004 50.2

Name	Time	Pts.
1 South Portland	1:04.9	10
2 TD Bank	1:07.1	8
3 Texas Instruments	1:11.7	6

4x100m RELAY	SENIOR RECORD
M50-59	Texas Instruments (Alex Szczapa, Peter Dube, Mike Elliott, Luke Lou) 2015 54.9

Name	Time	Pts.
1 Unum	1:18.4	10

4x100m RELAY	VETERAN RECORD
M60-69	UNUM (Dick McPhail, Jef Evans, Ray Shevenell, Carl Comstock) 2004 1:02.3

Name	Time	Pts.
1 South Portland	1:12.3	10

4x400m RELAY	OPEN RECORD
M18-29	Maine Health (Isaac Yeboah, Elijah Yeboah, David Gerken, Ara Parseghian) 2015 3:42.6

Name	Time	Pts.
1 Maine Health	3:55.8	10
2 South Portland	4:39.6	8

4x400m RELAY	SUBMASTER RECORD
M30-39	UNUM (Tony Touchette, Scott Davison, Duke Yeboah, Dave Johnson) 1994 3:50.8

Name	Time	Pts.
1 Unum	4:17.5	10
2 South Portland	4:44.4	8

4x400m RELAY	MASTER RECORD
M40-49	Pierce Atwood 2002 4:01.6

Name	Time	Pts.
1 South Portland	5:18.1	10
2 TD Bank	6:26.0	8

4x400m RELAY	VETERAN RECORD
M60-69	UNUM (Jim Toulouse, Jef Evans, Dick Bouthilette, Jim Tyrrell) 2008 5:31.9

Name	Time	Pts.
1 South Portland	7:03.4	10

THROWERS' RELAY	100-200-100 RECORD
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Bath Iron Works 1993		50.5
RULE: minimum 1 woman; ALL throw shot or disc at meet		
Name	Time	Pts.
1 Maine Health	54.4	10
2 South Portland	56.3	8
3 Unum	59.4	6
4 Texas Instruments	1:05.4	4
5 TD Bank	1:32.9	2

4x200m RELAY	RECORD
South Portland (Karleigh Bradbury, Matthew Green, Brian Arsenault, Joey Michaud) 2010	1:42.7
RULE: minimum 1 woman, 1 master (not same person)	

Name	Time	Pts.
1 Maine Health	1:49.5	10
2 Unum	1:55.5	8
3 L.L. Bean	2:03.4	6
4 IDEXX Laboratories	2:05.0	4
5 South Portland	2:10.9	2
6 OA-Spectrum	2:22.4	1

PYRAMID RELAY	400-800-1200-800-400 RECORD
	UNUM 1991 10:34.7
RULE: minimum 2 women	

Name	Time	Pts.
1 South Portland	12:42.6	10
2 Unum	12:56.0	8