

	Team	Score	Div
MECTA State Meet	1 South Portland	1,383.50	2
	2 Unum	622.50	1
	3 MaineHealth	459.00	1
August 14, 2021	4 IDEXX Laboratories	419.00	1
	5 Texas Instruments	380.00	1
South Portland High School	6 Bath Iron Works	187.00	1
	7 Saco & Biddeford Savings	166.00	3
	8 L.L. Bean	148.00	1
	9 LGC Maine Standards	94.00	3

SHOT PUT	OPEN RECORD
W18-29	Nicole Lessard (Aetna) 1999 37' 5"
	Kathleen Collins (unattached) 2018 37' 9¾"

Name	Age	Team	Distance	Pts.
1 Lizz Ottusch	24	IDEXX Laboratories	23 - 06.25	10
2 Annie Tucker	24	Texas Instruments	22 - 08	8
3 Ahn Nguyen	28	LGC Maine Standards	22 - 02.5	6
4 Lena Wood	18	Texas Instruments	22 - 01.25	5
5 Kendra Kukulski	24	IDEXX Laboratories	21 - 10	4
6 Mikaella Sansoucie	24	LGC Maine Standards	21 - 03	3
7 Kali McGown	26	IDEXX Laboratories	15 - 09	2

SHOT PUT	SUBMASTER RECORD
W30-39	Kellie Cheney (Aetna) 2000 40' 1"

Name	Age	Team	Distance	Pts.
1 Annie Huyler	31	MaineHealth	30 - 09.5	10
2 Elizabeth Lurvey	34	Unum	24 - 02.5	8
3 Laura Peterson Gervais	32	IDEXX Laboratories	22 - 11.25	6
4 Elizabeth Ferguson	39	Texas Instruments	21 - 08.5	5
5 Kelly Norton	34	South Portland	19 - 10.75	4
6 Nicole Derr	39	Saco & Biddeford Savings	19 - 00.75	3
7 Trish Shorey	35	Unum	14 - 08	2

SHOT PUT	MASTER RECORD
W40-49	Susan Weimer (USM) 2005 29' 10"
	Susan Weimer (unattached) 2010 32' 5½"

Name	Age	Team	Distance	Pts.
1 Alle Gildart	45	Bath Iron Works	25 - 04.5	10
2 Jillian Kellough	43	MaineHealth	20 - 11.25	8
3 Laura Mauldin	44	South Portland	19 - 01.5	6
4 Lori Towle	48	South Portland	18 - 01	5

SHOT PUT	SENIOR RECORD
W50-59	Karen Reardon (South Portland) 2010 32' 9¾"

Name	Age	Team	Distance	Pts.
1 Kathy DiPhilippo	53	South Portland	21 - 07	10
2 Carrie McCusker	52	MaineHealth	21 - 01.5	8

SHOT PUT	VETERAN RECORD
W60-69	Karen Reardon (South Portland) 2018 30' 5¼"

Name	Age	Team	Distance	Pts.
1 Karen Reardon	63	South Portland	27 - 09	10
2 Linda Jacobs	63	South Portland	21 - 09.5	8
3 Lisa Latno	60	Unum	19 - 11	6

4 Linda Mondor	65	Saco & Biddeford Savings	16 - 10.25	5
5 Deb Marcoux	69	South Portland	14 - 10	4

SHOT PUT			BRONZE VETERAN RECORD	
W70-79			Polly Kenniston (Unum) 2009 20' 1"	

Name	Age	Team	Distance	Pts.
1 Cheryl Gilbert	73	Bath Iron Works	17 - 00	10

SHOT PUT			SILVER VETERAN RECORD	
W80-89			Terry Morris (Unum) 2008 11' 11"	

Name	Age	Team	Distance	Pts.
1 Pat Gilman	88	IDEXX Laboratories	10 - 06	10
2 Polly Kenniston	85	Unum	8 - 00	8

DISCUS			OPEN RECORD	
W18-29			Nicole Lessard (Aetna) 1999 116' 7"	
			Kathleen Collins (unattached) 2018 139' 5"	

Name	Age	Team	Distance	Pts.
1 Jay Hyssong	18	South Portland	20 - 08	10

DISCUS			SUBMASTER RECORD	
W30-39			Nicole Lessard (Forum Financial) 2002 115' 4"	

Name	Age	Team	Distance	Pts.
1 Elizabeth Lurvey	34	Unum	82 - 04	10
2 Sarah Drake	35	South Portland	57 - 06	8
3 Laura Peterson Gervais	32	IDEXX Laboratories	55 - 04	6
4 Jennifer Grasso	39	South Portland	34 - 00	5

DISCUS			MASTER RECORD	
W40-49			Blue Butterfield (MaineHealth) 2011 89' 10"	

Name	Age	Team	Distance	Pts.
1 Julie Lefebvre	48	South Portland	54 - 02	10
2 Jillian Kellough	43	MaineHealth	42 - 09	8
3 Laura Mauldin	44	South Portland	42 - 07	6

DISCUS			SENIOR RECORD	
W50-59			Karen Reardon (South Portland) 2010 99' 7"	

Name	Age	Team	Distance	Pts.
1 Kathy DiPhilippo	53	South Portland	54 - 06	10

DISCUS			VETERAN RECORD	
W60-69			Karen Reardon (South Portland) 2018 88' 9"	

Name	Age	Team	Distance	Pts.
1 Karen Reardon	63	South Portland	74 - 02	10
2 Linda Jacobs	63	South Portland	63 - 06	8
3 Lisa Latno	60	Unum	56 - 08	6

DISCUS			BRONZE VETERAN RECORD	
W70-79			Cheryl Gilbert (BIW) 2019 48' 3"	

Name	Age	Team	Distance	Pts.
1 Cheryl Gilbert	73	Bath Iron Works	39 - 01	10

DISCUS			SILVER VETERAN RECORD	
W80-89			vacant	

Name	Age	Team	Distance	Pts.
1 Pat Gilman	88	IDEXX Laboratories	20 - 04	10

TURBO JAV			OPEN RECORD	
W18-29			Rebecca Skovira (Unum) 2017 127' 10"	
Name	Age	Team	Distance	Pts.
1 Ashley Cox	24	Texas Instruments	72 - 11	10
2 Lizz Ottusch	24	IDEXX Laboratories	70 - 08	8
3 Jennifer Jordan	25	Texas Instruments	65 - 00	6
4 Kendra Kukulski	24	IDEXX Laboratories	64 - 00	5
5 Jasmine Boyle	27	Unum	53 - 11	4
6 Annie Tucker	24	Texas Instruments	50 - 03	3
7 Jay Hyssong	18	South Portland	31 - 09	2

TURBO JAV			SUBMASTER RECORD	
W30-39			Tessa Miller (Unum) 2016 90' 3"	
Name	Age	Team	Distance	Pts.
1 Leah Beran	31	L.L. Bean	84 - 02	10
2 Elizabeth Lurvey	34	Unum	68 - 07	8
3 Trish Shorey	35	Unum	60 - 10	6
4 Elizabeth Ferguson	39	Texas Instruments	58 - 05	5
5 Sarah Drake	35	South Portland	53 - 04	4

TURBO JAV			MASTER RECORD	
W40-49			Blue Butterfield (MaineHealth) 2012 95' 1"	
Name	Age	Team	Distance	Pts.
1 Kari Voelker	44	South Portland	62 - 11	10
2 Laura Mauldin	44	South Portland	49 - 08	8
3 Jillian Kellough	43	MaineHealth	34 - 06	6

TURBO JAV			SENIOR RECORD	
W50-59			Kim Coombs (South Portland) 2010 83' 1"	
Name	Age	Team	Distance	Pts.
1 Kathy DiPhilippo	53	South Portland	57 - 07	10
2 Mary Donovan	56	South Portland	33 - 07	8

TURBO JAV			VETERAN RECORD	
W60-69			Kim Coombs (South Portland) 2018 72' 3"	
Name	Age	Team	Distance	Pts.
1 Kim Coombs	64	South Portland	70 - 01	10
2 Karen Reardon	63	South Portland	44 - 10	8
3 Linda Jacobs	63	South Portland	41 - 10	6
4 Deb Marcoux	69	South Portland	36 - 00	5
5 Linda Mondor	65	Saco & Biddeford Savings	26 - 11	4

TURBO JAV			BRONZE VETERAN RECORD	
W70-79			Cheryl Gilbert (BIW) 2019 38' 5"	
Name	Age	Team	Distance	Pts.
1 Cheryl Gilbert	73	Bath Iron Works	36 - 01	10

TURBO JAV			SILVER VETERAN RECORD	
W80-89			Terri Morris (Unum) 2008 28' 2"	
Name	Age	Team	Distance	Pts.
1 Polly Kenniston	85	Unum	17 - 03	10

HIGH JUMP			OPEN RECORD	
W18-29			Lizz Ottusch (IDEXX) 2019 5' 2"	
Name	Age	Team	Height	Pts.

1 Lizz Ottusch	24	IDEXX Laboratories	4 - 08	10
2 Kendra Kukulski	24	IDEXX Laboratories	4 - 06	8
3 Allison Nestor	23	IDEXX Laboratories	4 - 04	6
4 Sarah Cherico	26	Bath Iron Works	4 - 00	5
5 Nicole Stewart	27	LGC Maine Standards	3 - 08	4

HIGH JUMP	SUBMASTER RECORD			
W30-39	Pelletier (USPS) 1990, Judy Hairsine (Unum) 1991, Sarah Marble (Unum) 1998, Pam Swan (BIW) 2002, Marci Amos (TD Bank) 2005			4' 10"

Name	Age	Team	Height	Pts.
1 Adriane Berry	30	LGC Maine Standards	4 - 04	10
2 Katherine Rolph	37	Unum	3 - 10	8
3 Kelly Norton	34	South Portland	3 - 08	6
4 Sarah Drake	35	South Portland	3 - 04	5

HIGH JUMP	MASTER RECORD			
W40-49	Pam Swan (BIW) 2004			5' 0"

Name	Age	Team	Height	Pts.
1 Lori Towle	48	South Portland	3 - 04	10

HIGH JUMP	SENIOR RECORD			
W50-59	Sarah Marble (Unum) 2019			4' 2"

Name	Age	Team	Height	Pts.
1 Kathy DiPhilippo	53	South Portland	3 - 04	10

HIGH JUMP	VETERAN RECORD			
W60-69	Kim Coombs (South Portland) 2019			3' 8"

Name	Age	Team	Height	Pts.
1 Kim Coombs	64	South Portland	3 - 02	10

LONG JUMP	OPEN RECORD			
W18-29	Alison Kent (Unum) 1991, Molly Urquhart (L.L. Bean) 2004			17' 7"

Name	Age	Team	Distance	Pts.
1 Kendra Kukulski	24	IDEXX Laboratories	14 - 03	10
2 Allison Nestor	23	IDEXX Laboratories	13 - 10	8
3 Ashley Cox	24	Texas Instruments	11 - 04.5	6
4 Sarah Cherico	26	Bath Iron Works	11 - 03.25	5
5 Jennifer Jordan	25	Texas Instruments	11 - 00.5	4
6 Nicole Stewart	27	LGC Maine Standards	8 - 10.25	3

LONG JUMP	SUBMASTER RECORD			
W30-39	Miranda Derenberger (MaineHealth) 2013			16' 3"

Name	Age	Team	Distance	Pts.
1 Annie Huyler	31	MaineHealth	14 - 11	10
2 Elizabeth Ferguson	39	Texas Instruments	13 - 10	8
3 Katherine Rolph	37	Unum	11 - 04	6
4 Adriane Berry	30	LGC Maine Standards	10 - 07	5
5 Sarah Drake	35	South Portland	7 - 03.75	4

LONG JUMP	MASTER RECORD			
W40-49	Pam Swan (BIW) 2006			15' 11½"

Name	Age	Team	Distance	Pts.
1 Hollie Corbett	42	South Portland	9 - 11.5	10
2 Lori Towle	48	South Portland	8 - 03.5	8
3 Julie Lefebvre	48	South Portland	7 - 10.5	6
4 Heather Johnson	47	South Portland	7 - 07.75	5

LONG JUMP			SENIOR RECORD	
W50-59			Caryn Treister (USM) 2005	13' 6"

Name	Age	Team	Distance	Pts.
1 Carolyn Sivik	57	South Portland	8 - 02	10
2 Margaret Esten	59	South Portland	7 - 00.75	8

LONG JUMP			VETERAN RECORD	
W60-69			Marsha Waterman (MaineHealth) 2012	9' 2½"

Name	Age	Team	Distance	Pts.
1 Lisa Latno	60	Unum	7 - 06	10
2 Deb Marcoux	69	South Portland	6 - 06.5	8
3 Linda Mondor	65	Saco & Biddeford Savings	4 - 04	6

LONG JUMP			SILVER VETERAN RECORD	
W80-89			vacant	

Name	Age	Team	Distance	Pts.
1 Pat Gilman	88	IDEXX Laboratories	2 - 07.5	10

55m HURDLES			OPEN RECORD	
W18-29			Lizz Ottusch (IDEXX) 2019	9.1

Name	Age	Team	Time	Pts.
1 Allison Nestor	23	IDEXX Laboratories	9.6	10
2 Ashley Cox	24	Texas Instruments	10.3	8
3 Katie Mauro	29	MaineHealth	11.3	6
4 Nicole Stewart	27	LGC Maine Standards	13.0	5

55m HURDLES			SUBMASTER RECORD	
W30-39			Audrey Shaw (MaineHealth) 2014	8.9

Name	Age	Team	Time	Pts.
1 Annie Huyler	31	MaineHealth	9.6	10
2 Adriane Berry	30	LGC Maine Standards	11.3	8
3 Leah Beran	31	L.L. Bean	11.3	6
4 Kate Foley	35	South Portland	22.5	5

55m HURDLES			MASTER RECORD	
W40-49			Barbara LaVallee (MaineHealth) 2010, Susan Weimer (unattached) 2011	9.8

Name	Age	Team	Time	Pts.
1 Kari Voelker	44	South Portland	12.7	10
2 Julie Lefebvre	48	South Portland	23.9	8

55m HURDLES			SENIOR RECORD	
W50-59			Barbara LaVallee (MaineHealth) 2021	11.4

Name	Age	Team	Time	Pts.
1 Barbara LaVallee	51	MaineHealth	11.5	10

55m HURDLES			VETERAN RECORD	
W60-69			vacant	

Name	Age	Team	Time	Pts.
1 Kim Coombs	64	South Portland	22.3	10

100m DASH			OPEN RECORD	
W18-29			Alison Kent (Unum) 1992, Brooke DeForte (Maine DEP) 2004	12.8

Name	Age	Team	Time	Pts.
1 Emily Panciera	28	South Portland	13.3	10

2	Ahn Nguyen	28	LGC Maine Standards	14.3	8
3	Ashley Cox	24	Texas Instruments	14.6	6
4	Jennifer Jordan	25	Texas Instruments	14.6	5
5	Allison Nestor	23	IDEXX Laboratories	14.8	4
6	Katie Mauro	29	MaineHealth	15.7	3
7	Sarah Cherico	26	Bath Iron Works	15.9	2
8	Mikaella Sansoucie	24	LGC Maine Standards	16.1	1
9	Jay Hyssong	18	South Portland	19.8	

100m DASH			SUBMASTER RECORD		
W30-39			Audrey Shaw (MaineHealth) 2014		13.2

	Name	Age	Team	Time	Pts.
1	Annie Huyler	31	MaineHealth	14.1	10
2	Katherine Rolph	37	Unum	14.3	8
3	Kayla Morong	31	L.L. Bean	14.7	6
4	Leah Beran	31	L.L. Bean	15.3	5
5	Jennifer Grasso	39	South Portland	16.2	4
6	Jess Leclerc	36	South Portland	17.1	3
7	Sarah Drake	35	South Portland	19.3	2

100m DASH			MASTER RECORD		
W40-49			Sue McCarthy (MaineHealth) 2009		13.1

	Name	Age	Team	Time	Pts.
1	Kari Voelker	44	South Portland	16.0	10
2	Laura Mauldin	44	South Portland	16.5	8
3	Tamara Schwartz	48	MaineHealth	16.6	6
4	Julie Lefebvre	48	South Portland	21.7	5

100m DASH			SENIOR RECORD		
W50-59			Sue McCarthy (MaineHealth) 2016		13.3

	Name	Age	Team	Time	Pts.
1	Carolyn Sivik	57	South Portland	19.4	10

100m DASH			VETERAN RECORD		
W60-69			Kim Coombs (South Portland) 2018		17.8

	Name	Age	Team	Time	Pts.
1	Lisa Latno	60	Unum	19.2	10
2	Deb Marcoux	69	South Portland	24.2	8

100m DASH			BRONZE VETERAN RECORD		
W70-79			Cheryl Gilbert (BIW) 2018		20.3

	Name	Age	Team	Time	Pts.
1	Cheryl Gilbert	73	Bath Iron Works	21.9	10

100m DASH			SILVER VETERAN RECORD		
W80-89			Terry Morris (Unum) 2008		20.7

	Name	Age	Team	Time	Pts.
1	Polly Kenniston	85	Unum	33.7	10

200m DASH			SUBMASTER RECORD		
W30-39			Cheryl Bascomb (L.L. Bean) 1991		27.6

	Name	Age	Team	Time	Pts.
1	Katherine Rolph	37	Unum	31.4	10
2	Nicole Derr	39	Saco & Biddeford Savings	35.1	8
3	Jennifer Grasso	39	South Portland	36.2	6
4	Jess Leclerc	36	South Portland	38.4	5

5 Kelly Norton	34	South Portland	38.9	4
6 Kate Foley	35	South Portland	49.4	3

200m DASH			MASTER RECORD	
W40-49			Sue McCarthy (MaineHealth) 2012	28.2

Name	Age	Team	Time	Pts.
1 Hollie Corbett	42	South Portland	33.0	10
2 Kari Voelker	44	South Portland	36.2	8
3 Tamara Schwartz	48	MaineHealth	39.8	6

200m DASH			SENIOR RECORD	
W50-59			Sue McCarthy (MaineHealth) 2016	27.7

Name	Age	Team	Time	Pts.
1 Carolyn Sivik	57	South Portland	45.0	10
2 Margaret Esten	59	South Portland	55.8	8
3 Kathy DiPhilippo	53	South Portland	56.0	6

200m DASH			VETERAN RECORD	
W60-69			Kim Coombs (South Portland) 2018	39.4

Name	Age	Team	Time	Pts.
1 Lisa Latno	60	Unum	45.0	10

200m DASH			BRONZE VETERAN RECORD	
W70-79			Cheryl Gilbert (BIW) 2018	47.1

Name	Age	Team	Time	Pts.
1 Cheryl Gilbert	73	Bath Iron Works	53.5	10

200m DASH			SILVER VETERAN RECORD	
W80-89			Polly Kenniston (Unum) 2016	56.6

Name	Age	Team	Time	Pts.
1 Polly Kenniston	85	Unum	1:19.5	10

400m DASH			OPEN RECORD	
W18-29			Cheryl Bascomb (L.L. Bean) 1988	1:00.3

Name	Age	Team	Time	Pts.
1 Jasmine Boyle	27	Unum	1:12.3	10
2 Jennifer Jordan	25	Texas Instruments	1:16.5	8
3 Katie Mauro	29	MaineHealth	1:18.0	6
4 Mikaella Sansoucie	24	LGC Maine Standards	1:24.5	5

400m DASH			SUBMASTER RECORD	
W30-39			Cheryl Bascomb (L.L. Bean) 1992	1:01.3

Name	Age	Team	Time	Pts.
1 Kayla Morong	31	L.L. Bean	1:12.0	10
2 Leah Beran	31	L.L. Bean	1:22.5	8
3 Trish Shorey	35	Unum	1:26.3	6
4 Jennifer Grasso	39	South Portland	1:27.5	5
5 Alexis Jones	36	South Portland	1:36.0	4

400m DASH			MASTER RECORD	
W40-49			Pam Swan (BIW) 2003	1:04.2

Name	Age	Team	Time	Pts.
1 Hollie Corbett	42	South Portland	1:12.8	10
2 Heather Johnson	47	South Portland	1:24.4	8
3 Laura Mauldin	44	South Portland	1:24.6	6
4 Sheree Jackson	41	IDEXX Laboratories	1:25.4	5

5 Tamara Schwartz	48	MaineHealth	1:37.0	4
6 Sonia Croft	41	South Portland	1:50.0	3

400m DASH			SENIOR RECORD	
W50-59			Sue McCarthy (MaineHealth) 2014	1:08.4
Name	Age	Team	Time	Pts.
1 Carrie McCusker	52	MaineHealth	1:31.6	10
2 Margaret Esten	59	South Portland	2:18.0	8

400m DASH			VETERAN RECORD	
W60-69			Kim Coombs (South Portland) 2017	1:27.4
Name	Age	Team	Time	Pts.
1 Kim Coombs	64	South Portland	1:34.2	10

400m DASH			SILVER VETERAN RECORD	
W80-89			Polly Kenniston (Unum) 2016	2:13.8
Name	Age	Team	Time	Pts.
1 Polly Kenniston	85	Unum	2:55.6	10

800m RUN			OPEN RECORD	
W18-29			Kathy McCosh (BIW) 1988	2:22.0
Name	Age	Team	Time	Pts.
1 Emily Panciera	28	South Portland	2:33.5	10
2 Kali McGown	26	IDEXX Laboratories	2:34.6	8
3 Jasmine Boyle	27	Unum	2:43.1	6
4 Sarah Barrett	29	South Portland	2:58.1	5
5 Katie Mauro	29	MaineHealth	3:01.3	4
6 Lena Wood	18	Texas Instruments	3:02.3	3
7 Mikaella Sansoucie	24	LGC Maine Standards	3:11.5	2

800m RUN			SUBMASTER RECORD	
W30-39			Christine Reaser (Maine Medical Center) 2000	2:20.0
Name	Age	Team	Time	Pts.
1 Trish Shorey	35	Unum	3:29.0	10
2 Jess Leclerc	36	South Portland	3:38.5	8
3 Alexis Jones	36	South Portland	3:50.3	6

800m RUN			MASTER RECORD	
W40-49			Gayla Underkoffer (Unum) 2002	2:30.0
Name	Age	Team	Time	Pts.
1 Hollie Corbett	42	South Portland	2:55.4	10
2 Sheree Jackson	41	IDEXX Laboratories	3:18.2	8

800m RUN			VETERAN RECORD	
W60-69			Joan Lavin (Unum) 2008	3:19.8
Name	Age	Team	Time	Pts.
1 Kim Coombs	64	South Portland	3:37.0	10

1600m RUN			OPEN RECORD	
W18-29			Jennifer Rolfe (SD Warren) 1990	5:07.2
Name	Age	Team	Time	Pts.
1 Kali McGown	26	IDEXX Laboratories	5:52.3	10
2 Jasmine Boyle	27	Unum	6:07.7	8
3 Sarah Barrett	29	South Portland	6:42.0	6
4 Lena Wood	18	Texas Instruments	7:00.7	5

1600m RUN			SUBMASTER RECORD	
W30-39			Kristin Barry (Pierce Atwood) 2005 5:04.4	
Name	Age	Team	Time	Pts.
1 Nicole Derr	39	Saco & Biddeford Savings	6:29.7	10
2 Kate Foley	35	South Portland	8:37.0	8

1600m RUN			MASTER RECORD	
W40-49			Gayla Underkoffer (Unum) 2002 5:19.0	
Name	Age	Team	Time	Pts.
1 Lauren Austin	40	Unum	6:20.1	10
2 Heather Johnson	47	South Portland	7:10.2	8
3 Sheree Jackson	41	IDEXX Laboratories	7:36.1	6
4 Lori Towle	48	South Portland	8:23.0	5

5k ROAD RACE			OPEN RECORD	
W18-29			Beth Parker (ABCBS) 2003 18:41.0	
Name	Age	Team	Time	Pts.
1 Kali McGown	26	IDEXX Laboratories	19:08.0	10
2 Hanne Heinrich	26	Unum	21:49.0	8
3 Hannah Barrett	23	South Portland	22:07.0	6
4 Katie Mauro	29	MaineHealth	22:43.0	5
5 Ahn Nguyen	28	LGC Maine Standards	23:16.0	4
6 Lena Wood	18	Texas Instruments	23:46.0	3

5k ROAD RACE			SUBMASTER RECORD	
W30-39			Gayla Underkoffer (Unum) 2003 17:14.0	
Name	Age	Team	Time	Pts.
1 Kayla Morong	31	L.L. Bean	23:28.0	10
2 Leah Beran	31	L.L. Bean	23:36.0	8
3 Hazel Koziol	30	South Portland	23:55.0	6
4 Elizabeth Ferguson	39	Texas Instruments	25:28.0	5
5 Ashley Soule	36	MaineHealth	27:03.0	4
6 Erin Bernard	37	South Portland	27:58.0	3
7 Emily Stevens	33	South Portland	28:43.0	2
8 Kate Foley	35	South Portland	30:31.0	1

5k ROAD RACE			MASTER RECORD	
W40-49			Christine Irish (MaineHealth) 2015 18:16.2	
Name	Age	Team	Time	Pts.
1 Heather Johnson	47	South Portland	21:17.0	10
2 Nicole Tourigny	40	South Portland	24:40.0	8
3 Sheree Jackson	41	IDEXX Laboratories	25:02.0	6
4 Tamara Schwartz	48	MaineHealth	27:28.0	5
5 Sonia Croft	41	South Portland	29:33.0	4

5k ROAD RACE			SENIOR RECORD	
W50-59			Denise Curry (Spectrum Healthcare Partners) 2018 20:02.9	
Name	Age	Team	Time	Pts.
1 Carrie McCusker	52	MaineHealth	21:11.0	10
2 Carolyn Sivik	57	South Portland	26:41.0	8
3 Mary Donovan	56	South Portland	28:27.0	6

5k ROAD RACE			VETERAN RECORD	
W60-69			Beth Birch (Unum) 1993 23:23.0	
Name	Age	Team	Time	Pts.
1 Val Sears	62	South Portland	30:01.0	10

4x100m RELAY			OPEN RECORD	
W18-29	Unum (Marie Brume, Sandra Chasse, Valerie Langmaid, Sam Kane) 1991			54.0
	Team		Time	Pts.
1	Unum	Jasmine Boyle, Lauren Austin, Trish Shorey, Katherine Rolph	1:05.8	10
2	Texas Instruments	Annie Tucker, Jennifer Jordan, Lena Wood, Ashley Cox	1:15.8	8

4x100m RELAY			SUBMASTER RECORD	
W30-39	Unum (Sam Kane, Denise Goodwin, Stephanie Robichaud, JoAnna Dalton) 1997			56.5
	Team		Time	Pts.
1	MaineHealth	Tamara Schwartz, Barbara LaVallee, Jillian Kellough, Annie Huyler	1:09.4	10
2	South Portland	Kelly Norton, Kate Foley, Alexis Jones, Jess Leclerc	1:15.1	8

4x100m RELAY			MASTER RECORD	
W40-49	MaineHealth (Jane Foley, Barbara Lavallee, Blue Butterfield, Sue McCarthy) 2014			59.0
	Team		Time	Pts.
1	South Portland	Sonia Croft, Heather Johnson, Lori Towle, Julie Lefebvre	1:27.4	10

4x100m RELAY			SENIOR RECORD	
W50-59	Unum (Kim Williams, Sue Gormley, Judy Hairsine, Lisa Latno) 2011			1:13.4
	Team		Time	Pts.
1	South Portland	Deb Marcoux, Carolyn Sivik, Linda Jacobs, Margaret Esten	1:28.3	10

4x400m RELAY			SUBMASTER RECORD	
W30-39	Maine Health (Sheri Piers, Blue Butterfield, Beth Kelsh, Kristin Barry) 2007			4:49.2
	Team		Time	Pts.
1	South Portland	Jess Leclerc, Kate Foley, Kelly Norton, Alexis Jones	8:09.5	10

4x400m RELAY			MASTER RECORD	
W40-49	Unum (Lisa Latno, Lorna Damren, Sarah Marble, Sam Kane) 2010			4:57.8
	Team		Time	Pts.
1	South Portland	Hollie Corbett, Kari Voelker, Heather Johnson, Julie Lefebvre	8:09.5	10

SHOT PUT			OPEN RECORD	
M18-29	Matthew Brown (BIW) 2010			56' 4¾"
	Name	Age Team	Distance	Pts.
1	Will Merchant	24 unattached	39 - 08	x
2	Casey Gonta	27 Texas Instruments	29 - 09.75	10
3	Andrew Prusaitis	29 Unum	27 - 03	8
4	Will Lundquist	28 IDEXX Laboratories	22 - 09.5	6

SHOT PUT			SUBMASTER RECORD	
M30-39	Matthew Brown (BIW) 2013			51' 7½"
	Name	Age Team	Distance	Pts.
1	Greg Norton	37 South Portland	36 - 09.75	10
2	Brian Guillerault	36 South Portland	33 - 01.5	8
3	Skyler Horrigan	31 South Portland	26 - 05	6
	Jon Bourque	35 MaineHealth	foul	

SHOT PUT			MASTER RECORD	
M40-49			Mike Snyder (BIW) 2000	44' 4"

Name	Age	Team	Distance	Pts.
1 Steve Rothwell	49	Texas Instruments	34 - 00	10
2 Steven Roy	47	IDEXX Laboratories	30 - 06.75	8
3 Andrew Lupien	41	South Portland	30 - 06	6

SHOT PUT			SENIOR RECORD	
M50-59			Mike Snyder (BIW) 2012	42' 0"

Name	Age	Team	Distance	Pts.
1 Kevin Knight	50	IDEXX Laboratories	32 - 10.5	10
2 Michael Martin	52	Unum	30 - 11	8
3 Eric Evans	53	Unum	29 - 00	6
4 Joe Connors	51	South Portland	25 - 04.25	5

SHOT PUT			VETERAN RECORD	
M60-69			Mike Snyder (BIW) 2018	41' 2"

Name	Age	Team	Distance	Pts.
1 Mike Snyder	63	Bath Iron Works	35 - 05	10
2 Mike Hansen	66	Bath Iron Works	34 - 00	8
3 David Tucker	60	Texas Instruments	31 - 02	6
4 Gregory Kellough	62	MaineHealth	29 - 06.5	5
5 Jim Bailinson	62	MaineHealth	24 - 04	4
6 Brian Boyle	61	Bath Iron Works	23 - 07.75	3
7 Steve Fermanis	65	Unum	21 - 09.75	2

SHOT PUT			BRONZE VETERAN RECORD	
M70-79			Joe Carlozzi (USM) 2007	40' 2½"

Name	Age	Team	Distance	Pts.
1 Charlie Hews	76	South Portland	33 - 03	10
2 Steve Mantis	71	South Portland	22 - 02	8

SHOT PUT			SILVER VETERAN RECORD	
M80-89			Joe Carlozzi (Unum) 2016	35' 5"

Name	Age	Team	Distance	Pts.
1 Joe Carlozzi	85	Unum	31 - 10.5	10

DISCUS			OPEN RECORD	
M18-29			Matthew Brown (BIW) 2010	152' 5"

Name	Age	Team	Distance	Pts.
1 Will Merchant	24	unattached	107 - 11	x
2 Darryl Wilkinson	27	South Portland	75 - 11	10
3 Josh Hyssong	22	South Portland	68 - 08	8
4 Andrew Prusaitis	29	Unum	64 - 01	6

DISCUS			SUBMASTER RECORD	
M30-39			Jeff Amos (TD Bank) 2009, Matthew Brown (BIW) 2014	150' 11"

Name	Age	Team	Distance	Pts.
1 Matt Toothaker	30	South Portland	109 - 08	10
2 Brian Guillerault	36	South Portland	108 - 00	8
3 Jon Bourque	35	MaineHealth	97 - 02	6
4 Greg Norton	37	South Portland	96 - 11	5
5 Kevin Hardison	37	Unum	72 - 01	4

DISCUS			MASTER RECORD	
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M40-49			Jeff Amos (TD Bank) 2016	136' 3"
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Name	Age	Team	Distance	Pts.
1 Steven Roy	47	IDEXX Laboratories	99 - 05	10
2 Andrew Lupien	41	South Portland	97 - 09	8
3 Steve Rothwell	49	Texas Instruments	94 - 09	6
4 Darren Winchenbach	40	Unum	76 - 10	5

DISCUS			SENIOR RECORD	
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M50-59			Peter Serunian (Anthem) 2009	139' 0"
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			Kevin Pagnano (unattached) 2019	143' 5"
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Name	Age	Team	Distance	Pts.
1 Kevin Knight	50	IDEXX Laboratories	96 - 04	10
2 Michael Martin	52	Unum	89 - 08	8
3 Joe Connors	51	South Portland	64 - 02	6

DISCUS			VETERAN RECORD	
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M60-69			Dave MacMillan (Pierce Atwood) 2006	145' 3"
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Name	Age	Team	Distance	Pts.
1 Mike Snyder	63	Bath Iron Works	108 - 05	10
2 Mike Hansen	66	Bath Iron Works	105 - 00	8
3 Gregory Kellough	62	MaineHealth	73 - 03	6
4 Steve Fermanis	65	Unum	69 - 04	5
5 Brian Boyle	61	Bath Iron Works	65 - 10	4

DISCUS			BRONZE VETERAN RECORD	
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M70-79			Jim Rothrock (IDEXX) 2007	123' 4"
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Name	Age	Team	Distance	Pts.
1 Charlie Hews	76	South Portland	90 - 06	10
2 Steve Mantis	71	South Portland	88 - 03	8

DISCUS			SILVER VETERAN RECORD	
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M80-89			Joe Carlozzi (Unum) 2017	95' 1"
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Name	Age	Team	Distance	Pts.
1 Joe Carlozzi	85	Unum	83 - 05	10

TURBO JAV			OPEN RECORD	
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M18-29			Jack Fellows (Unum) 2017	150' 1"
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Name	Age	Team	Distance	Pts.
1 Will Merchant	24	unattached	156 - 06	x
2 Casey Gonta	27	Texas Instruments	131 - 11	10
3 Andrew Prusaitis	29	Unum	128 - 10	8
4 Samuel Bonnevie	23	L.L. Bean	110 - 08	6
5 Tyler Lebel	25	Saco & Biddeford Savings	73 - 03	5
6 Nate McNutt	22	Texas Instruments	63 - 04	4

TURBO JAV			SUBMASTER RECORD	
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M30-39			Alex Jenkins (Unum) 2015	149' 7"
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Name	Age	Team	Distance	Pts.
1 Brian Guillerault	36	South Portland	110 - 09	10
2 Adam Mumm	36	Unum	108 - 08	8
3 John Mondor	32	Saco & Biddeford Savings	100 - 05	6
4 Kevin Hardison	37	Unum	100 - 02	5
5 Sean Simard	36	L.L. Bean	93 - 00	4
6 Jon Bourque	35	MaineHealth	92 - 07	3
7 Domenic Cardamome	36	Unum	91 - 05	2
8 Greg Norton	37	South Portland	89 - 08	1

TURBO JAV			MASTER RECORD	
M40-49			Matthew Green (South Portland) 2010 139' 4"	

Name	Age	Team	Distance	Pts.
1 Steven Roy	47	IDEXX Laboratories	121 - 02	10
2 Darren Winchenbach	40	Unum	113 - 08	8
3 Jeffrey Schwartz	49	MaineHealth	92 - 05	6

TURBO JAV			SENIOR RECORD	
M50-59			Mark Poirier (MaineHealth) 2014 135' 8"	

Name	Age	Team	Distance	Pts.
1 Matthew Green	51	South Portland	106 - 09	10
2 Joe Connors	51	South Portland	91 - 07	8
3 Paul Lefebvre	51	South Portland	90 - 01	6
4 John Boucher	58	Saco & Biddeford Savings	59 - 09	5
5 Keith Johnson	50	Texas Instruments	48 - 08	4

TURBO JAV			VETERAN RECORD	
M60-69			Frank Arsenault (South Portland) 2012 108' 1"	

Name	Age	Team	Distance	Pts.
1 Mike Hansen	66	Bath Iron Works	82 - 07	10
2 Jonathan Zuckerman	60	MaineHealth	79 - 07	8
3 Brian Boyle	61	Bath Iron Works	71 - 11	6
4 Gregory Kellough	62	MaineHealth	70 - 00	5
5 Steve Fermanis	65	Unum	49 - 10	4

TURBO JAV			BRONZE VETERAN RECORD	
M70-79			Jim Rothrock (IDEXX) 2008 100' 2"	

Name	Age	Team	Distance	Pts.
1 Charlie Hews	76	South Portland	64 - 01	10
2 Steve Mantis	71	South Portland	60 - 02	8

TURBO JAV			SILVER VETERAN RECORD	
M80-89			Jim Rothrock (IDEXX) 2013 86' 6"	

Name	Age	Team	Distance	Pts.
1 Joe Carozzi	85	Unum	49 - 06	10

HIGH JUMP			OPEN RECORD	
M18-29			Jeremy Link (South Portland) 1996 6' 6¼"	

Name	Age	Team	Height	Pts.
1 Will Merchant	24	unattached	5 - 06	x
2 Nic Borelli	19	South Portland	5 - 06	10
3 Darryl Wilkinson	27	South Portland	5 - 04	8
4 David Shumate	27	Texas Instruments	5 - 02	6
5 Samuel Bonnevie	23	L.L. Bean	5 - 00	5
6 Andrew Prusaitis	29	Unum	4 - 06	4
7 Oscar Sullivan	19	South Portland	4 - 06	3
8 Elijah Yeboah	25	MaineHealth	4 - 00	2

HIGH JUMP			SUBMASTER RECORD	
M30-39			Art Henson (Anthem) 2001 6' 7"	

Name	Age	Team	Height	Pts.
1 Matt Toothaker	30	South Portland	5 - 10	10
2 Ryan Lamb	37	South Portland	5 - 04	8
3 Alan Mann	31	IDEXX Laboratories	5 - 02	6

4 John Mondor	32	Saco & Biddeford Savings	5 - 00	5
5 Josh Viola	33	South Portland	4 - 08	4
6 Chad Boucher	32	Saco & Biddeford Savings	4 - 04	3
7 Greg Norton	37	South Portland	4 - 04	2
Kevin Hardison	37	Unum	NH	

HIGH JUMP			MASTER RECORD	
M40-49			Dan Lavallee (MaineHealth) 2007	5' 9"
Name	Age	Team	Height	Pts.
1 Andrew Wallace	49	South Portland	4 - 06	10
2 Steven Roy	47	IDEXX Laboratories	4 - 04	8

HIGH JUMP			SENIOR RECORD	
M50-59			Mark Poirier (MaineHealth) 2014, Dan Lavallee (MaineHealth) 2016	5' 2"
Name	Age	Team	Height	Pts.
1 Rich Doyon	50	Texas Instruments	4 - 08	10
2 Rick Levesque	59	IDEXX Laboratories	4 - 04	8
3 John Boucher	58	Saco & Biddeford Savings	3 - 08	6

HIGH JUMP			VETERAN RECORD	
M60-69			Larry Dearborn (BIW) 2003, David Tucker (Texas Instruments) 2021	4' 6"
Name	Age	Team	Height	Pts.
1 Russ Haschke	66	Texas Instruments	4 - 04	9
1 David Tucker	60	Texas Instruments	4 - 04	9
3 Jim Bailinson	62	MaineHealth	3 - 06	6

HIGH JUMP			BRONZE VETERAN RECORD	
M70-79			Joe Carozzi (USM) 2006	4' 0"
Name	Age	Team	Height	Pts.
1 Paul Mondor	71	Saco & Biddeford Savings	3 - 08	10

LONG JUMP			OPEN RECORD	
M18-29			Trey Gadbois (Portland) 2006 21' 10½"	
			Jeremy Bissell (unattached) 2019 22' 6½"	
Name	Age	Team	Distance	Pts.
1 Nic Borelli	19	South Portland	17 - 11	10
2 Darryl Wilkinson	27	South Portland	17 - 01.75	8
3 Samuel Bonnevie	23	L.L. Bean	16 - 03.5	6
4 David Shumate	27	Texas Instruments	15 - 07	5
5 Josh Hyssong	22	South Portland	15 - 00	4
6 Seth Albert	28	Unum	14 - 08	3
7 Andrew Prusaitis	29	Unum	13 - 08.5	2
8 Casey Gonta	27	Texas Instruments	12 - 11.5	1

LONG JUMP			SUBMASTER RECORD	
M30-39			Art Henson (Anthem) 2001	21' 1"
Name	Age	Team	Distance	Pts.
1 Matt Toothaker	30	South Portland	19 - 05.5	10
2 John Mondor	32	Saco & Biddeford Savings	16 - 09	8
3 Adam Soule	39	MaineHealth	16 - 07.75	6
4 Ryan Lamb	37	South Portland	15 - 04	5
5 Josh Viola	33	South Portland	11 - 04.5	4
6 Sean Simard	36	L.L. Bean	11 - 02	3

LONG JUMP			MASTER RECORD	
M40-49			Dan Lavallee (MaineHealth) 2009	18' 5"

James Taylor (unattached) 2021 18' 5½"				
Name	Age	Team	Distance	Pts.
1 Andrew Wallace	49	South Portland	13 - 00	10
2 Steven Roy	47	IDEXX Laboratories	12 - 03.5	8
3 Matt Gilbert	49	South Portland	9 - 04	6

LONG JUMP SENIOR RECORD				
M50-59 Willis (Boise Cascade) 1989 17' 5"				
Name	Age	Team	Distance	Pts.
1 Rich Doyon	50	Texas Instruments	13 - 02	10
2 Rick Levesque	59	IDEXX Laboratories	11 - 05.5	8
3 Paul Lefebvre	51	South Portland	9 - 00	6

LONG JUMP VETERAN RECORD				
M60-69 Jim Comeau (BIW) 2006 14' 2"				
Name	Age	Team	Distance	Pts.
1 Russ Haschke	66	Texas Instruments	12 - 11.75	10
2 Jim Bailinson	62	MaineHealth	9 - 06.5	8
3 Brian Boyle	61	Bath Iron Works	8 - 00	6

LONG JUMP BRONZE VETERAN RECORD				
M70-79 Bill Lavallee (MaineHealth) 2014 12' 0"				
Name	Age	Team	Distance	Pts.
1 Steve Mantis	71	South Portland	7 - 08	10
2 Paul Mondor	71	Saco & Biddeford Savings	7 - 02.25	8

LONG JUMP SILVER VETERAN RECORD				
M80-89 Jerry LeVasseur (BIW) 2017 8' 5½"				
Name	Age	Team	Distance	Pts.
1 Jerry LeVasseur	84	Bath Iron Works	7 - 03.5	10
2 Joe Carozzi	85	Unum	5 - 06.75	8

55m HURDLES OPEN RECORD				
M18-29 David Hardison (Unum) 2016 7.1				
Name	Age	Team	Time	Pts.
1 Elijah Yeboah	25	MaineHealth	8.9	10
2 Seth Albert	28	Unum	9.4	8
3 Cody Corbett	21	South Portland	10.3	6

55m HURDLES SUBMASTER RECORD				
M30-39 Jason Soule (MaineHealth) 2019 7.7				
Name	Age	Team	Time	Pts.
1 Jason Soule	35	MaineHealth	8.5	10
2 Adam Soule	39	MaineHealth	8.6	8
3 Max Ludwig	35	South Portland	8.8	6
4 Ryan Lamb	37	South Portland	8.9	5
5 John Mondor	32	Saco & Biddeford Savings	9.6	4
6 Chad Boucher	32	Saco & Biddeford Savings	11.3	3

55m HURDLES SENIOR RECORD				
M50-59 Dan Lavallee (MaineHealth) 2016 8.5				
Name	Age	Team	Time	Pts.
1 Matthew Green	51	South Portland	10.3	10
2 Rich Doyon	50	Texas Instruments	10.4	8
3 John Boucher	58	Saco & Biddeford Savings	11.3	6

55m HURDLES			VETERAN RECORD	
M60-69			Tex Haeuser (South Portland) 2013	10.5
Name	Age	Team	Time	Pts.
1 David Tucker	60	Texas Instruments	12.1	10
2 Russ Haschke	66	Texas Instruments	12.8	8

55m HURDLES			SILVER VETERAN RECORD	
M80-89			Jerry LeVasseur (BIW) 2017	22.5
Name	Age	Team	Time	Pts.
1 Jerry LeVasseur	84	Bath Iron Works	27.9	10

100m DASH			OPEN RECORD	
M18-29			Duke Yeboah (Unum) 1989	10.9
Name	Age	Team	Time	Pts.
1 Elijah Yeboah	25	MaineHealth	12.8	10
2 Casey Gonta	27	Texas Instruments	13.1	8
3 David Shumate	27	Texas Instruments	13.1	6
4 Seth Albert	28	Unum	13.2	5
5 Cody Corbett	21	South Portland	14.0	4

100m DASH			SUBMASTER RECORD	
M30-39			Kevin Russell (TD Bank) 2006	10.9
Name	Age	Team	Time	Pts.
1 Alan Mann	31	IDEXX Laboratories	11.8	10
2 Matt Toothaker	30	South Portland	11.9	8
3 Jason Soule	35	MaineHealth	12.0	6
4 Adam Soule	39	MaineHealth	12.6	5
5 Adam Mumm	36	Unum	12.7	4
6 Skyler Horrigan	31	South Portland	12.9	2.5
6 Kevin Hardison	37	Unum	12.9	2.5
8 Jon Pazar	31	IDEXX Laboratories	13.5	1
9 Max Ludwig	35	South Portland	13.5	
10 Sean Simard	36	L.L. Bean	15.0	

100m DASH			MASTER RECORD	
M40-49			Rohan Stuart (Portland) 2005	11.6
Name	Age	Team	Time	Pts.
1 Kyle Cunningham	42	MaineHealth	13.1	10
2 Steve Rothwell	49	Texas Instruments	14.1	8
3 Andrew Wallace	49	South Portland	14.2	6
4 Tony Tourigny	41	South Portland	15.1	5
5 Matt Gilbert	49	South Portland	16.5	4

100m DASH			SENIOR RECORD	
M50-59			Clint Merrill (BIW) 1998	12.0
Name	Age	Team	Time	Pts.
1 Eric Evans	53	Unum	13.5	10
2 Rich Doyon	50	Texas Instruments	13.8	8
3 Thomas Mauldin	50	South Portland	14.7	6
4 Paul Lefebvre	51	South Portland	15.3	5
5 Michael Martin	52	Unum	16.0	4
6 Christopher Eastman	57	Bath Iron Works	17.0	3

100m DASH			VETERAN RECORD	
M60-69			Clint Merrill (BIW) 2009	13.0
Name	Age	Team	Time	Pts.

1	Russ Haschke	66	Texas Instruments	14.8	10
2	Gregory Kellough	62	MaineHealth	16.3	8
3	Jim Bailinson	62	MaineHealth	16.8	6
4	Steve Fermanis	65	Unum	19.0	5
5	David Young	69	L.L. Bean	21.5	4

100m DASH			BRONZE VETERAN RECORD		
M70-79			Clint Merrill (BIW) 2018		15.2
			Derry Rundlett (unattached) 2016		14.5

	Name	Age	Team	Time	Pts.
1	Derry Rundlett	75	unattached	16.8	x
2	Duncan Scott	75	unattached	17.8	x
3	Paul Mondor	71	Saco & Biddeford Savings	20.4	10
4	Gene Corbett	75	South Portland	21.2	8

100m DASH			SILVER VETERAN RECORD		
M80-89			Jerry LeVasseur (BIW) 2017		18.8

	Name	Age	Team	Time	Pts.
1	Jerry LeVasseur	84	Bath Iron Works	21.7	10
2	Carl Comstock	83	Unum	24.6	8

200m DASH			OPEN RECORD		
M18-29			Jason Soule (A-BEST) 2009		22.8

	Name	Age	Team	Time	Pts.
1	Samuel Bonnevie	23	L.L. Bean	25.0	10
2	Tyler Lebel	25	Saco & Biddeford Savings	26.7	8
3	Seth Albert	28	Unum	28.4	6

200m DASH			SUBMASTER RECORD		
M30-39			Kevin Russell (TD Bank) 2008		23.1

	Name	Age	Team	Time	Pts.
1	Alan Mann	31	IDEXX Laboratories	24.5	10
2	Adam Soule	39	MaineHealth	26.2	8
3	Jon Forbes	35	MaineHealth	26.3	6
4	Skyler Horrigan	31	South Portland	26.8	5
5	Adam Mumm	36	Unum	27.4	4
6	Jon Pazar	31	IDEXX Laboratories	27.5	3
7	John Mondor	32	Saco & Biddeford Savings	27.6	2

200m DASH			MASTER RECORD		
M40-49			Rohan Stuart (Portland) 2006		23.5

	Name	Age	Team	Time	Pts.
1	Kyle Cunningham	42	MaineHealth	28.2	10
2	Darren Winchenbach	40	Unum	29.3	8
3	Andrew Wallace	49	South Portland	29.4	6
4	Matt Gilbert	49	South Portland	34.3	5
5	Matthew Gildart	44	Bath Iron Works	36.3	4

200m DASH			SENIOR RECORD		
M50-59			Clint Merrill (BIW) 1998		25.5

	Name	Age	Team	Time	Pts.
1	Eric Evans	53	Unum	30.0	10
2	Joe Connors	51	South Portland	32.4	8
3	Paul Lefebvre	51	South Portland	40.0	6

200m DASH			VETERAN RECORD		
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M60-69			Clint Merrill (BIW) 2009	27.6
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Name	Age	Team	Time	Pts.
1 Russ Haschke	66	Texas Instruments	31.3	10
2 Mike Elliot	61	Texas Instruments	32.5	8
3 Gregory Kellough	62	MaineHealth	35.7	6
4 Brian Daly	68	South Portland	35.8	5
5 Steve Fermanis	65	Unum	45.1	4
6 Brian Boyle	61	Bath Iron Works	54.1	3

200m DASH			BRONZE VETERAN RECORD	
M70-79			Dick Camp (L.L. Bean) 2006	27.8

Name	Age	Team	Time	Pts.
1 Duncan Scott	75	unattached	37.2	x
2 Derry Rundlett	75	unattached	38.3	x
3 Mike Towle	73	South Portland	41.0	10
4 Paul Mondor	71	Saco & Biddeford Savings	45.0	8

200m DASH			SILVER VETERAN RECORD	
M80-89			Jef Evans (Unum) 2018	44.1

Name	Age	Team	Time	Pts.
1 Carl Comstock	83	Unum	53.4	10

400m DASH			OPEN RECORD	
M18-29			Skip Edwards (Portland) 2006	50.2

Name	Age	Team	Time	Pts.
1 Aaron Willingham	24	LGC Maine Standards	0:54.0	10
2 Nic Borelli	19	South Portland	0:56.6	8
3 Darryl Wilkinson	27	South Portland	0:57.6	6
4 Tyler Lebel	25	Saco & Biddeford Savings	0:59.4	5

400m DASH			SUBMASTER RECORD	
M30-39			Mike Leding (Unum) 2004	52.5

Name	Age	Team	Time	Pts.
1 Alan Mann	31	IDEXX Laboratories	0:55.8	10
2 Jon Pazar	31	IDEXX Laboratories	1:00.2	8
3 Jon Forbes	35	MaineHealth	1:00.3	6
4 Nathan Priest	39	Unum	1:06.8	5
5 Chad Boucher	32	Saco & Biddeford Savings	1:07.3	4
6 Josh Viola	33	South Portland	1:12.3	3
7 Jon Bourque	35	MaineHealth	1:17.5	2

400m DASH			MASTER RECORD	
M40-49			Eric Evans (Unum) 2009	55.7

Name	Age	Team	Time	Pts.
1 Darren Winchenbach	40	Unum	1:02.6	10
2 Kyle Cunningham	42	MaineHealth	1:15.1	8
3 Jeffrey Schwartz	49	MaineHealth	1:34.3	6
4 Matt Gilbert	49	South Portland	1:42.5	5

400m DASH			SENIOR RECORD	
M50-59			Clint Merrill (BIW) 1998	57.6

Name	Age	Team	Time	Pts.
1 Thomas Mauldin	50	South Portland	1:09.5	10
2 Leo Scheidl	53	Unum	1:11.2	8
3 Rick Levesque	59	IDEXX Laboratories	1:17.0	6
4 Christopher Eastman	57	Bath Iron Works	1:24.2	5

400m DASH			VETERAN RECORD	
M60-69			Clint Merrill (BIW) 2009	1:01.7

Name	Age	Team	Time	Pts.
1 David Tucker	60	Texas Instruments	1:12.5	10
2 Mike Elliot	61	Texas Instruments	1:14.8	8
3 Jonathan Zuckerman	60	MaineHealth	1:15.6	6
4 Brian Daly	68	South Portland	1:27.2	5
5 David Young	69	L.L. Bean	1:52.7	4

400m DASH			BRONZE VETERAN RECORD	
M70-79			Jef Evans (Unum) 2008	1:16.5

Name	Age	Team	Time	Pts.
1 Mike Towle	73	South Portland	1:34.7	10
2 Paul Mondor	71	Saco & Biddeford Savings	1:43.8	8

400m DASH			SILVER VETERAN RECORD	
M80-89			Jerry LeVasseur (BIW) 2017, Carl Comstock (Unum) 2021	2:04.2

Name	Age	Team	Time	Pts.
1 Carl Comstock	83	Unum	2:39.0	10

800m RUN			OPEN RECORD	
M18-29			Don Lary (Unum) 1993	1:56.0

Name	Age	Team	Time	Pts.
1 Aaron Willingham	24	LGC Maine Standards	2:11.6	10
2 Jacob Brady	26	IDEXX Laboratories	2:16.4	8
3 Will Lundquist	28	IDEXX Laboratories	2:21.6	6
4 Alex Smith	28	MaineHealth	2:22.9	5
5 Nate McNutt	22	Texas Instruments	2:31.5	4
6 Josh Hyssong	22	South Portland	2:35.1	3

800m RUN			SUBMASTER RECORD	
M30-39			Allan Muir (Richardson & Troubh) 1993	2:00.5

Name	Age	Team	Time	Pts.
1 Thomas Harvey	35	MaineHealth	2:18.1	10
2 Jon Pazar	31	IDEXX Laboratories	2:21.9	8
3 Nathan Priest	39	Unum	2:22.3	6
4 Chad Boucher	32	Saco & Biddeford Savings	2:29.5	5
5 Daniel Salvo	37	Unum	2:42.1	4
6 Jose Padua	37	IDEXX Laboratories	3:06.9	3

800m RUN			MASTER RECORD	
M40-49			Bob Winn (Hannaford) 2002	2:07.0

Name	Age	Team	Time	Pts.
1 Eric Funk	47	South Portland	2:31.0	10
2 Darren Winchenbach	40	Unum	2:33.6	8
3 Tony Tourigny	41	South Portland	2:42.8	6
4 Jeffrey Schwartz	49	MaineHealth	3:04.2	5
5 Matthew Gildart	44	Bath Iron Works	3:21.3	4

800m RUN			SENIOR RECORD	
M50-59			Tom Ryan (USM) 2006	2:10.9

Name	Age	Team	Time	Pts.
1 Matthew Green	51	South Portland	2:24.6	10
2 Leo Scheidl	53	Unum	2:44.3	8

3	Thomas Mauldin	50	South Portland	2:45.9	6
4	Rick Levesque	59	IDEXX Laboratories	2:47.2	5
5	Thomas Brady	55	MaineHealth	2:53.1	4
6	Keith Johnson	50	Texas Instruments	2:54.4	3
7	Tom Gilman	59	IDEXX Laboratories	3:08.7	2
8	Christopher Eastman	57	Bath Iron Works	3:37.5	1

800m RUN			VETERAN RECORD	
M60-69			Clint Merrill (BIW) 2010	2:32.9

Name	Age	Team	Time	Pts.
1 Jonathan Zuckerman	60	MaineHealth	2:56.9	10
2 David Young	69	L.L. Bean	3:53.0	8

800m RUN			BRONZE VETERAN RECORD	
M70-79			Mike Towle (South Portland) 2018	3:09.9

Name	Age	Team	Time	Pts.
1 Mike Towle	73	South Portland	3:39.6	10

800m RUN			SILVER VETERAN RECORD	
M80-89			Carl Comstock (Unum) 2018	4:31.7

Name	Age	Team	Time	Pts.
1 Carl Comstock	83	Unum	4:40.5	10

1600m RUN			OPEN RECORD	
M18-29			Pat Tarpay (BIW) 2010	4:18.8

Name	Age	Team	Time	Pts.
1 Jacob Brady	26	IDEXX Laboratories	4:58.1	10
2 Will Lundquist	28	IDEXX Laboratories	5:12.0	8
3 Alex Smith	28	MaineHealth	5:25.0	6
4 Nate McNutt	22	Texas Instruments	5:32.1	5
5 Oscar Sullivan	19	South Portland	7:12.0	4

1600m RUN			SUBMASTER RECORD	
M30-39			Allan Muir (Richardson & Troubh) 1989	4:23.0

Name	Age	Team	Time	Pts.
1 Thomas Harvey	35	MaineHealth	5:00.0	10
2 Nathan Priest	39	Unum	5:22.0	8
3 Daniel Salvo	37	Unum	5:59.8	6
4 Domenic Cardamome	36	Unum	6:50.5	5
5 Jose Padua	37	IDEXX Laboratories	8:13.0	4

1600m RUN			MASTER RECORD	
M40-49			Mike Payson (Portland) 2004	4:32.0

Name	Age	Team	Time	Pts.
1 Eric Funk	47	South Portland	5:48.1	10
2 Andrew Lupien	41	South Portland	6:17.9	8

1600m RUN			SENIOR RECORD	
M50-59			Tom Ryan (USM) 2006	4:49.0

Name	Age	Team	Time	Pts.
1 Jim Kilburn	52	Unum	5:53.1	10
2 Matthew Green	51	South Portland	6:08.8	8
3 Leo Scheidl	53	Unum	6:19.1	6
4 Keith Johnson	50	Texas Instruments	6:31.3	5
5 Tom Gilman	59	IDEXX Laboratories	7:25.0	4

1600m RUN			VETERAN RECORD	
M60-69			Jim Toulouse (Unum) 2008	5:37.7
Name	Age	Team	Time	Pts.
1 David Young	69	L.L. Bean	8:51.0	10

1600m RUN			BRONZE VETERAN RECORD	
M70-79			Mike Towle (South Portland) 2018	6:34.1
Name	Age	Team	Time	Pts.
1 Mike Towle	73	South Portland	7:50.0	10

5k ROAD RACE			OPEN RECORD	
M18-29			Pat Tarpay (BIW) 2010	14:40.3
Name	Age	Team	Time	Pts.
1 Aaron Willingham	24	LGC Maine Standards	16:22.0	10
2 Jacob Brady	26	IDEXX Laboratories	16:36.0	8
3 Ricky Perruzzi	18	South Portland	16:51.0	6
4 Erik Johnson	28	L.L. Bean	17:57.0	5
5 Alex Smith	28	MaineHealth	18:15.0	4
6 Nate McNutt	22	Texas Instruments	18:34.0	3

5k ROAD RACE			SUBMASTER RECORD	
M30-39			Robert Ashby (BIW) 1998	15:11.0
Name	Age	Team	Time	Pts.
1 Thomas Harvey	35	MaineHealth	16:45.0	10
2 Nathan Priest	39	Unum	17:46.0	8
3 Domenic Cardamome	36	Unum	22:28.0	6
4 Chad Boucher	32	Saco & Biddeford Savings	22:45.0	5

5k ROAD RACE			MASTER RECORD	
M40-49			Mike Payson (Portland) 2005	15:46.0
Name	Age	Team	Time	Pts.
1 Eric Funk	47	South Portland	18:07.0	10
2 Ben Grasso	44	South Portland	19:26.0	8
3 Andrew Lupien	41	South Portland	21:58.0	6
4 Jeffrey Schwartz	49	MaineHealth	27:28.0	5

5k ROAD RACE			SENIOR RECORD	
M50-59			Tom Ryan (USM) 2007	16:35.1
Name	Age	Team	Time	Pts.
1 Todd Frost	52	L.L. Bean	19:52.0	10
2 Keith Johnson	50	Texas Instruments	20:54.0	8
3 John Boucher	58	Saco & Biddeford Savings	23:11.0	6
4 Tom Gilman	59	IDEXX Laboratories	24:16.0	5

5k ROAD RACE			VETERAN RECORD	
M60-69			Jim Toulouse (Unum) 2008	19:05.6
Name	Age	Team	Time	Pts.
1 David Young	69	L.L. Bean	29:01.0	10

5k ROAD RACE			SILVER VETERAN RECORD	
M80-89			Jerry LeVasseur (BIW) 2018	39:37.9
Name	Age	Team	Time	Pts.
1 Carl Comstock	83	Unum	36:48.0	10

4x100m RELAY			OPEN RECORD	
M18-29			Unum (Dave Moran, Mike Crowell, Don Russell, Chuck Valente) 1988	44.6

Team		Time	Pts.
1 Unum	Adam Mumm, Eric Evans, Daniel Salvo, Seth Albert	0:54.4	10
2 IDEXX Laboratories	Allison Nestor, Jose Padua, Jon Pazar, Alan Mann	0:55.2	8
3 South Portland	Cody Corbett, Oscar Sullivan, Skyler Horrigan, Nic Borelli	0:55.7	6
4x100m RELAY		SUBMASTER RECORD	
M30-39		Bath Iron Works 1987	46.8
Team		Time	Pts.
1 MaineHealth	Kyle Cunningham, Adam Soule, Jon Forbes, Jon Bourque	0:54.2	10
2 South Portland	Josh Viola, Brian Guillerault, Ryan Lamb, Greg Norton	0:59.0	8
4x100m RELAY		MASTER RECORD	
M40-49		National Semiconductor 2004	50.2
Team		Time	Pts.
1 Texas Instruments	David Tucker, Mike Elliot, Steve Rothwell, Rich Doyon	0:59.4	10
2 South Portland	Matt Gilbert, Brian Daly, Eric Funk, Andrew Wallace	1:08.0	8
4x100m RELAY		SENIOR RECORD	
M50-59		Texas Instruments (Alex Szczapa, Peter Dube, Mike Elliott, Luke Lou) 2015	54.9
Team		Time	Pts.
1 South Portland	Paul Lefebvre, Matthew Green, Joe Connors, Thomas Mauldin	1:01.0	10
4x100m RELAY		BRONZE VETERAN RECORD	
M70-79		Unum (Jef Evans, Carl Comstock, Fran Brennan, Joe Carlozzi) 2010	1:18.1
Team		Time	Pts.
1 South Portland	Steve Mantis, Charlie Hews, Mike Towle, Gene Corbett	1:45.2	10
4x400m RELAY		OPEN RECORD	
M18-29		MaineHealth (Isaac Yeboah, Elijah Yeboah, David Gerken, Ara Parseghian) 2015	3:42.6
Team		Time	Pts.
1 MaineHealth	Alex Smith, Jon Forbes, Adam Soule, Thomas Harvey	4:09.7	10
2 IDEXX Laboratories	Alan Mann, Kendra Kukulski, Jon Pazar, Will Lundquist	4:24.0	8
3 South Portland	Sarah Barrett, Oscar Sullivan, Darryl Wilkinson, Nic Borelli	4:32.0	6
4 Texas Instruments	Jennifer Jordan, David Shumate, Annie Tucker, Mike Elliot	6:36.0	5
4x400m RELAY		SUBMASTER RECORD	
M30-39		Unum (Tony Touchette, Scott Davison, Duke Yeboah, Dave Johnson) 1994	3:50.8
Team		Time	Pts.
1 Unum	Sean Fitzgerald, Adam Mumm, Daniel Salvo, Nathan Priest	4:39.6	10
2 South Portland	Josh Viola, Brian Guillerault, Greg Norton, Skyler Horrigan	5:56.4	8

4x400m RELAY			MASTER RECORD
M40-49	Pierce Atwood 2002		4:01.6

Team		Time	Pts.
1 Unum	Lauren Austin, Leo Scheidl, Jim Kilburn, Eric Evans	5:11.3	10
2 South Portland	Andrew Lupien, Matt Gilbert, Eric Funk, Andrew Wallace	5:41.0	8

4x400m RELAY			SENIOR RECORD
M50-59	Texas Instruments (David Tucker, Peter Dube, Russ Haschke, Herb Coolidge) 2015		4:31.9

Team		Time	Pts.
1 South Portland	Joe Connors, Paul Lefebvre, Margaret Esten, Carolyn Sivik	7:02.7	10

4x400m RELAY			VETERAN RECORD
M60-69	Unum (Jim Toulouse, Jef Evans, Dick Bouthillette, Jim Tyrell) 2010		5:31.9

Team		Time	Pts.
1 South Portland	Brian Daly, Steve Mantis, Mike Towle, Gene Corbett	9:04.0	10

THROWERS' RELAY			100-200-100 RECORD
	Unum (Regina Roberts, David Hardison, Kevin Hardison) 2017		50.3

RULE: minimum 1 woman; ALL throw shot or disc at meet

Team		Time	Pts.
1 South Portland	Lori Towle, Matt Toothaker, Skyler Horrigan	0:56.1	10
2 IDEXX Laboratories	Kendra Kukulski, Will Lundquist, Lizz Ottusch	0:57.6	8
3 Texas Instruments	David Tucker, Lena Wood, Casey Gonta	1:04.1	6
4 MaineHealth	Jillian Kellough, Jon Bourque, Jim Bailinson	1:09.1	5

4x200m RELAY			RECORD
	South Portland (Karleigh Bradbury, Matthew Green, Brian Arsenault, Joey Michaud) 2010		1:42.7

RULE: minimum 1 woman, 1 master (not same person)

Team		Time	Pts.
1 South Portland	Matthew Green, Skyler Horrigan, Emily Panciera, Matt Toothaker	1:52.0	10
2 Texas Instruments	Ashley Cox, Casey Gonta, Rich Doyon, David Shumate	1:53.6	8
3 Unum	Katherine Rolph, Adam Mumm, Eric Evans, Seth Albert	2:02.9	6

PYRAMID RELAY			400-800-1200-800-400 RECORD
	Unum 1991		10:34.7

RULE: minimum 2 women

Team		Time	Pts.
1 South Portland	Kari Voelker, Nic Borelli, Eric Funk, Darryl Wilkinson, Hollie Corbett	11:39.9	10
2 Unum	Lauren Austin, Daniel Salvo, Nathan Priest, Jim Kilburn, Jasmine Boyle	12:18.6	8
3 MaineHealth	Tamara Schwartz, Jeffrey Schwartz, Thomas Harvey, Alex Smith, Barbara LaVallee	12:44.0	6